

**Respectful Relationships and Anti-Bullying: statement for Children / Young People in**  
***Berwickshire High School***

**Scottish Borders Council Vision**

It is our vision that all learning establishments are safe, respectful and nurturing environments where bullying behaviour is never acceptable. It is therefore critical that those who play a role in the lives of children and young people in the Scottish Borders are equipped to prevent and respond effectively to incidents of bullying behaviour. Getting it right for every child (GIRFEC) in the Scottish Borders ensures that the child and their family are at the centre of policy and practice and that the views of the child, young person and their parents/carers are sought, listened to and taken into account when decisions are being made.

**Policy statement purpose**

In the Scottish Borders, learning establishments promote respectful relationships approaches.

This document builds on *SBC: INCLUDES Respectful Relationships and Anti-bullying Policy* and outlines the steps that will be undertaken in Berwickshire High School to provide guidance to staff, parents/carers and children/young people on the prevention and management of bullying behaviour. Our aim is that Berwickshire High School continues to be a safe, respectful and nurturing environment where bullying behaviour is never acceptable.

**Raising awareness and prevention**  
**Staff and Volunteers**

In addition to promoting and role modelling respectful relationships and positive behaviour, all staff and volunteers in Berwickshire High School with a responsibility for children/young people will participate in, or be offered, the training and development listed below:

Staff training on whole-school anti-bullying policy.

Respectme modules. (Why address bullying, Defining and recognising bullying, preventing bullying: policy and practice, Responding to bullying.

CPD-certified online training with anti-bullying alliance.

SBC Restorative Practices

LGBT Inclusive Education Training

How to be One Good Adult.

In Berwickshire High School, we actively and openly talk about and discuss bullying behaviour.

Listed below are the strategies/resources, which will be used to raise the children/young people's awareness and prevent bullying:

<p><b>In PSE, students will cover:</b></p> <ul style="list-style-type: none"><li>• Bullying vs Conflict</li><li>• Friendships and Relationships</li><li>• Kindness and Resilience</li></ul> <p><b>Students are trained in and have access to:</b></p> <ul style="list-style-type: none"><li>• KOOTH</li><li>• Togetherall</li></ul> <p>School Link Worker Support</p> <p>Pastoral Support Assistant Check-ins</p> <p>Quarriers Support Worker</p>	<p>Young Minds Matter Course</p> <p>SHINE National Survey</p> <p>Glasgow Motivational Wellbeing Tool</p> <p>Student Comment Box</p> <p>Monthly Student Council</p> <p>Monthly Student Surveys</p> <p>DHT and HoF Focus Groups</p>
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*Relationships and Anti-Bullying Policy.* (Incidents will be recorded in the SEEMIS Bullying and Equality Module in schools or manually in learning establishments who do not have access to SEEMIS)

### **Reporting and feeding back about bullying incidents**

In Berwickshire High School students, staff and parents will be made aware of the confidential and safe ways to report bullying behaviour.

### **Ways for Students to report bullying behaviour:**

<p>Students can speak to <i>any</i> member of staff about bullying.</p> <p><b>Key members of staff are:</b></p> <p>Pastoral Support Assistants</p> <p>Heads of Year</p> <p>Child Protection Coordinator</p> <p>School Link Worker</p>	<p>Online QR Code</p> <p>Glasgow Motivational Wellbeing Tool</p> <p>S6 Head Team or Prefects</p>
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### Ways for parents to report bullying behaviour:

Using the online QR code.  
Calling HoY.  
Emailing HoY.  
Booking Parental Surgery with HoY.  
Through student.

### Ways for Staff to report bullying behaviour:

Staff should contact their line manager, or DHT.

In Berwickshire High School, the Head of Year will be responsible for ensuring all parties are actively informed of progress made.

### Children / young people's views on respectful relationships

We have shared the Respectful Relationships and Anti-Bullying poster with our children/young people and consulted with them in the creation of this statement. Some of their comments are shown below:

I don't really see it happening at all.  
Bullying happens out of school - people don't do it in school.  
People who are being bullied know what to do -they speak to adults and they stay away from people who are unkind.  
There aren't as many fights in the school anymore.  
Don't see any bullying or unkindness anymore.  
Most bullying is online - it's not in school. People would get caught in school.

### Parent's views on respectful relationships

We have shared the Respectful Relationships and Anti-Bullying parent/carer leaflet with our parents/carers and consulted with them in the creation of this statement. Some of their comments are shown below:

This policy was well-received by the Parent Council.  
Parents asked for amendments to convey that BHS *is* a safe environment.

Policy statement reviewed date: October 2026.