



# Weekly Heads Up!

Friday 22nd March 2024

## Staffing

This week we have been very pleased to welcome Ms Louise Bissett to our Support for Learning team as a new Classroom Support Assistant (CSA).

We are also delighted that Ms Alexandra Watney has been appointed as a full-time, permanent teacher in our Enhanced Provision team.

## Young Enterprise success

Many congratulations to 'Books N' Brews' who won 6 out of 9 awards at yesterday evening's Young Enterprise regional finals. This is an excellent result.

## SQA exam assemblies

SQA exams assemblies will be held on Wednesday to share key messages about arrangements with students.

## End of term

A reminder that Thursday 28th March is the last day of term. Students and staff return on Monday 15th April. Study leave begins on Monday 22nd April.

Best wishes,  
Mr B. Robertson, Rector



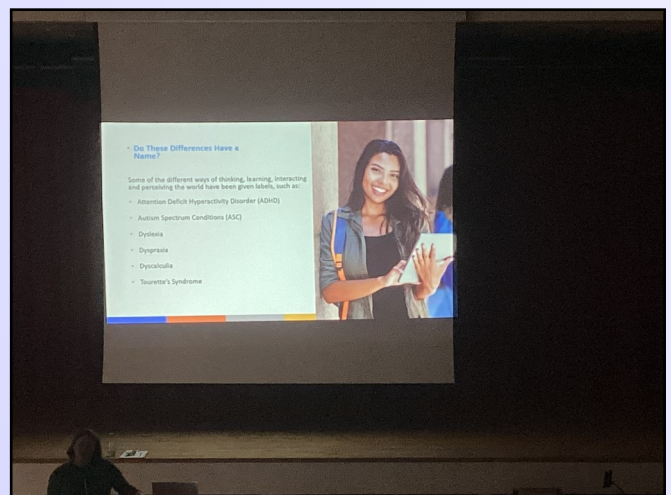
## Neurodiversity Awareness Week

Thank you to all who helped us celebrate Neurodiversity Awareness Week this year. Events included:

- Three Assemblies on the theme of Neurodiversity and our school value of Respect
- Two staff workshops on Neurodiversity and Masking
- Webinar on Study Skills for students with Dyslexia and Additional Support Needs



Special thank you to Karl McGrath who spoke at Assemblies about his Autism and the impact it has had on his school experiences. Mrs Huffman





## Home Economics Practical Lessons - Week beginning 25th March

This is what students will be making next week. Please could we ask your help in ensuring your child has the correct equipment. Thank you, Mrs Taylor

Year	Making	Equipment Required
S1	1P4 - Teacher demonstration - Vegetable Stir Fry and Noodles	No tub
	1P2, 1P3 & 1P6 - Easter Nests	Tub/container
	1P6 - cover lesson	No tub
S2	2P1 - Choc Chip Shortbread	Tub/container
	2P2 & 2P3 - Easter Nests	Tub/container
	2P5 - cover lesson	No tub
S3	3(H) - Easter Victoria Sandwich	Tub/container
	3(I) - Potato Wedges and Salsa	No tub
National 4	Not cooking	No tub
National 5	Not cooking	No tub

## SCIENCE STUDY SUPPORT

Subject	Teacher	Location	Time
Biology	Mr Watson	BO1	Tuesday Senior Lunchtime
Chemistry	Mrs Stokes/ Ms Addie	CH2/ CH3	Tuesday After School
Physics	Mr Stewart	PH2	Tuesday After School
Biology	Dr Barker	BO2	Thursday After School

## MATHS STUDY SUPPORT

DAY	TEACHER	ROOM	TIME	LEVEL
Monday	Mrs Marchand	C02	13:30-14:00	National 5 Maths
Tuesday	Mrs Dalton	M01	13:30-14:00	National 5 Maths Higher Maths
	Mr Meadows	M02	13.30-14:00	National 5 Applications of Maths Higher Applications of Maths
	Mrs Marchand	C02	13:30-14:00	National 5 Maths
Wednesday	Mrs Kenneally	M03	15:45-16:45	National 5 Maths Higher Maths Advanced Higher Maths
Thursday	Mrs Dalton	M01	12:40-13:10	S1 - S3
	Mr Meadows	M02	13:30-14:00	National 5 Applications of Maths Higher Applications of Maths
	Mrs Marchand	C02	13:30-14:00	National 5 Maths
Friday	Mrs Marchand	C02	13:30-14:30	National 5 Maths

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Heads Down - Upcoming Student Assessments (March)				
Subject	Level	Teacher	Assessment	Date
Practical Metalworking	N5	Mrs Brown	Assignment	Until Easter Break
Practical Woodworking	N5	Mrs Brown	Assignment	Until Easter Break
Business Management	Higher	Miss Brotherston	Assignment	Until Monday 25th
Admin & IT	N5	Mrs Darling, Miss Brotherston	Checkpoint 2	Until Tuesday 26th
Science	S1 - 1P4	Mrs Addie	Energy	Monday 25th
Chemistry	Higher	Mrs Addie	Unit 2	Monday 25th
Computing	Higher	Mrs Darling	Checkpoint 2 - Databases	Monday 25th
Business	S1 - 1S1	Mrs Hill	Microsoft Word	Monday 25th
Maths	N5	Mrs Marchand	Relationships Unit	Monday 25th
Maths	Higher	Mrs Dalton, Mrs Kenneally	Checkpoint 2	Monday 25th
Spanish	S2 - 2D1, 2H1	Mrs Rowson	Reading Assessment on Food	Monday 25th
Spanish	S3 - 3D1, 3H1	Mrs Rowson	Reading Assessment on Food	Monday 25th
Admin & IT	Higher	Mrs Darling, Miss Brotherston	Checkpoint 2	Tuesday 26th
Biology	Higher	Mr Watson	Unit 3	Tuesday 26th
Drama	Higher	Mr McNeil	SQA Practical Exam	Tuesday 26th
Physics	N5 (short)	Mr Stewart	Gas Laws	Tuesday 26th
Graph Comm	N5	Mrs Yates	Checkpoint 2	Tuesday 26th
Graph Comm	Higher	Mrs Yates	Checkpoint 2	Tuesday 26th
Chemistry	Higher	Mrs Addie, Mrs Stokes	Unit 2	Wednesday 27th
Computing	N5	Mrs Darling	Checkpoint 2 - Web Design	Wednesday 27th
Science	S1 - 1P6	Mr Watson	Light	Wednesday 27th
Science	S1 - 1P2	Mr Warson	Chemical Reactions	Wednesday 27th
Maths	N5	Mrs Marchand	Checkpoint 2 Paper 1	Wednesday 27th
Spanish	S2 - 2D2	Mrs Rowson	Reading Assessment on Food	Wednesday 27th
Spanish	S3 - 3S2, 3S1	Mrs Rowson	Reading Assessment on Food	Wednesday 27th
Maths	S3	Mrs Dalton	Progress Assessment	Wednesday 27th
Spanish	S2 - 2S1	Mrs Rowson	Reading Assessment on Food	Thursday 28th
Business	S1 - 1H1	Mrs Hill	Microsoft Word	Thursday 28th

Heads Down - Upcoming Student Assessments (April)				
Subject	Level	Teacher	Assessment	Date
Computing	Higher	Mrs Darling	Checkpoint 2 - SDD and CS	Monday 15th
Maths	N5	Mrs Marchand	Applications Unit	Wednesday 17th
Computing	N5	Mrs Darling	Checkpoint 2 - SDD and CS	Wednesday 17th
Maths	N5	Mrs Marchand	Expressions & Formulae Unit	Thursday 18th

Learning Logs - Located in OneNote - Week Commencing 4th March 2024			
Subject	Course	Teacher	Learning Log Details
Physical Education	S1 - all classes	All	Gymnastics or Fitness Suite
Physical Education	S1 - all classes	All	Basketball or Fitness Suite
Physical Education	S1 - all classes	All	Volleyball

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## Sumdog Scottish Borders Competition

Congratulations to **Elliot Jacobs (2S1)** who each achieved 698 correct answers and was placed 1st in BHS. Also, to **Hughie Ross (1H1)** who got 261 answers correct.

10 house points go to each of them.

Congratulations also go to these students for excellent individual contributions, 5 House Points will be awarded to each :

S2

Maisie-Grace Taylor-Smith (2S1)

Aiden Renton (2D2)

Prudence Jimenez (2S1)

Zara Moffat (2D1)

S1

Kieran Cutter (1H2)

Sherilyn Binnie (1H1)

Well done to everyone who took part. Mrs Dalton



## School Sport



### Netball

Versus Hawick High School in Border League at Duns on Friday 15th March

S1 WON 13-10

S2 WON 29-11

Friendly fixture versus Longridge Towers at Duns on Tuesday 19th March

S2/3 combined LOST 25-22

### Hockey

Versus Earlston High School at Earlston on Friday 15th March

S1-3 Mixed LOST 6-0 (*POTM Tess Crilly*)

Seniors LOST 6-0 (*POTM Iain James*)

S1 South Schools Tournament at Jedburgh Grammar School on Saturday 16<sup>th</sup> March  
Pool Games

versus Jedburgh GS LOST 2-0

versus Hawick HS LOST 2-0

versus Kelso HS LOST 3-0

*BHS Player of the Tournament - Jo-Ellen Inglis*

### Border Schools Cross Country Championships

The BHS had 16 students competing at the Border Schools Cross Country Championship at Netherdale, Galashiels on Thursday 21st March. All athletes performed admirably in what were testing conditions both overhead and underfoot. Congratulations to Jacob Rutherford (S1), Elise Field (S3) and Zico Field (S6) for achieving third place in their respective races. Well done to everyone who took part.

## House News

For the past three weeks, students have been testing their badminton skills in house competitions. Well done to all competitors and thank you to our House Captains for their support in organising participants. Results were:

### S1-S3 Girls

1st Scott, 2nd Home, 3rd Douglas

### S1 Boys

Singles - 1st Home, 2nd Scott, 3rd Douglas

Doubles - 1st Home, 2nd Scott, 3rd Douglas

### S2 Boys

1st - Noah Tait (Douglas)

2nd - Logan Roberts (Home)

3rd - Rowan Harrison (Scott)

Douglas - 19 points

Home - 12 points

Scott - 6 points

### S3 Boys

Singles - 1st Douglas, 2nd Scott, 3rd Home

Doubles - 1st Douglas, 2nd Scott, 3rd Home

### Senior Boys

Singles - 1st Douglas, 2nd Home, 3rd Scott

Doubles - 1st Douglas, 2nd Scott, 3rd Home

Points accumulated from these competitions were:

Douglas 94

Home 82

Scott 71

The next House Event is a Geography Kahoot Quiz. More information can be obtained for House Captains to the House noticeboard, outside the Assembly Hall.

## House Points

2116

DOUGLAS

2184

HOME



1765

SCOTT

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# BRAZILIAN JIU JITSU BEGINNERS COURSE

STARTING ON 25TH MARCH  
AT TF FITNESS CENTRE

CONTACT US ON



## BEGINNERS COURSE DETAILS

- Duration: 6 months
- Class Schedule: Mondays (11am, 7pm) and Wednesdays (11am, 6pm)
- Suitable for teenagers and adults
- Evaluation conducted at the end of the course focusing on attendance and participation
- Enrolled participants will be provided with a Gi (uniform). T&C's apply.

[WWW.TFFITNESSCENTRE.COM](http://WWW.TFFITNESSCENTRE.COM)  
[TFFITNESS@OUTLOOK.COM](mailto:TFFITNESS@OUTLOOK.COM)

## WHY SHOULD YOU DO BRAZILIAN JIU JITSU?

Brazilian Jiu Jitsu is a martial art that offers numerous benefits for both the body and the mind. Practicing BJJ can improve your physical fitness, flexibility, strength, and stamina. It also enhances your mental health by boosting your confidence, discipline, focus, and problem-solving skills. Additionally, it provides a supportive community where you can make new friends, learn from others, and challenge yourself in a safe and respectful environment. Whether you are looking to get in shape, learn self-defense, or simply have fun, BJJ offers a well-rounded experience that can positively impact various aspects of your life.



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**SAVE  
THE  
DATE**

JOIN US FOR THE NEXT

# **BIG COMMUNITY CLEAN-UP**

**SUNDAY 24 MARCH 2024  
11AM**

**TOWNS AND VILLAGES  
THROUGHOUT BERWICKSHIRE**

Lets work together to keep Berwickshire beautiful!

Please get in touch for more details:

[info@seathechange.org.uk](mailto:info@seathechange.org.uk)

[www.seathechange.org.uk](http://www.seathechange.org.uk)

[www.facebook.com/SeatheChangeUK](https://www.facebook.com/SeatheChangeUK)

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