

Berwickshire High School



**BERWICKSHIRE HIGH SCHOOL**

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**SENIOR OPTIONS**

**2025-26**

## Introduction

This booklet provides hyperlinks to websites that provide information about the different courses we are offering in the 2025-26 session. Most of these link to 'PlanitPlus', which gives details that include:

- Career pathways
- Course content
- Assessment
- Study materials

In the small number of cases where a PlanitPlus link isn't available, the links go directly to the SQA website (which isn't as user-friendly, but provides information about courses nonetheless).

If students have any questions about any course they are considering studying next session, they should speak to their teachers, relevant Head of Faculty, or their Head of Year.

## National Qualifications

### National 4s

[Applications of Mathematics](#)

[Biology](#)

[Chemistry](#)

[English](#)

### National 5s

[Administration and IT](#)

[Applications of Mathematics](#)

[Art and Design](#)

[Biology](#)

[Business Management](#)

[Chemistry](#)

[Computing Science](#)

[Drama](#)

[English](#)

[Geography](#)

[History](#)

[Mathematics](#)

[Modern Studies](#)

[Music](#)

[Physical Education](#)

[Physics](#)

[Practical Cookery](#)

[Practical Electronics](#)

[Practical Woodworking](#)

[Spanish](#)

[Travel & Tourism](#)

### Highers

[Administration and IT](#)

[Applications of Mathematics](#)

[Art and Design](#)

[Biology](#)

[Business Management](#)

[Chemistry](#)

[Classical Studies](#)

[Computing Science](#)

[Drama](#)

[English](#)

[Geography](#)

[History](#)

[Human Biology](#)

[Mathematics](#)

[Modern Studies](#)

[Music](#)

[Physical Education](#)

[Physics](#)

[Spanish](#)

## Advanced Highers

[Art and Design \(Design\)](#)

[Biology](#)

[Chemistry](#)

[English](#)

[Geography](#)

[History](#)

[Mathematics](#)

[Music](#)

[Physical Education](#)

[Physics](#)

## National Progression Awards

### [Achieving Excellence in Sport \(Hockey & Football\) - Level 6](#)

For successful completion of this NPA, candidates must achieve a pass for the following 3 units:

- Individual Performance in Sport; Codes of Conduct
- Individual Sporting Performance
- Individual Performance in Sport; Analysis and Evaluation

This course gives students the opportunity to follow a sporting pathway into employment or further education. The principal aim of the course is to allow students to:

- Develop knowledge and skills in the process of the achievement of excellence
- Develop knowledge and skills in Goal Setting, Personal Development Planning, Implementing and Evaluating
- Enhance prospects for continuing education in the sports industry and the development of the transferable skills to adapt to other areas of life

This course will be delivered over 6 periods and is a combination of theory and practical sessions. All assessments are internally assessed through unit assessments. Candidates will be expected to be already participating in either hockey or football at a high competitive level and be committed to self-improvement.

### [Applied Sciences - Level 5](#)

#### [Beekeeping - Level 5](#)

This National Progression Award develops a student's knowledge and understanding of beekeeping. This includes practical beekeeping skills, hive managements and how to safely manipulate bees.

The course is comprised of three units which are assessed and verified internally. There is no SQA exam in this course.

**Beekeeping: An Introduction**

**Beekeeping: Practical Skills**

**Beekeeping: Theory**

The practical aspects of the course are delivered at our partnership site, Marchmont Estate.

Back at school there are a range of activities that students will participate in and learn about, such as:

- Honey tasting, processing and labelling
- How to deal with stings
- Hive structure and design
- Building frames
- Bee Anatomy and the roles of different bees in the colony

- Pollen Identification and microscopy
- Hive management strategies and preparing hives for winter
- Disease identification and treatments
- The importance of pollinators
- Agricultural impact on beekeeping

### [Computer Games Development - Levels 5 and 6](#)

### [Criminology - Level 5](#)

### [Criminology - Level 6](#)

### [Exercise and Fitness Leadership - Level 6](#)

Exercise and Fitness Leadership provides structured opportunities for candidates to experience a number of recognised ways of leading others in fitness activities. The course allows students to develop their personal leadership qualities and to develop their knowledge and skills in fitness. Exercise and Fitness Leadership requires students to successfully complete written tasks, written assessments under exam conditions, and practical sessions and assessments in the fitness suite. Students must pass the necessary course work and assessments for all three units to receive the NPA course award. The three units that we cover at Berwickshire High School are:

- Circuit Training
- Fixed Weight Training
- Free Weight Training

The course will be delivered over 6 periods and is a combination of theory and practical sessions. All assessments are internally assessed through individual unit assessments.

### [Musical Theatre - Level 6](#)

### [Photography - Level 5](#)

### [Sport and Fitness - Level 5](#)

For successful completion of this NPA, candidates must achieve a pass for the 3 units that are outlined below:

#### **Sport and Fitness: Coaching Development**

This unit is designed to develop students' ability to assess and address the requirements of participants when planning sports coaching sessions. Students are required to develop this ability while considering legal obligations in terms of health and safety, data protection, and participant care. Students will be required to develop, deliver and evaluate a progressive sequence of coaching sessions.

#### **Sports Officiating and Organising - Recreational: Basketball or Association Football**

This unit requires students to describe the fundamental controls and procedures in relation to basketball/football. Students must also organise, host and officiate a tournament at recreational level, with respect to the fundamental controls and procedures within their chosen activity.

## **Sporting Activity Participation and Performance: Basketball or Association Football**

This unit requires students to explain technical skills and the importance of appropriate behaviour and attire in enhancing participation and performance in their chosen activity. Students must also participate and perform in basketball/football sessions, while monitoring and evaluating personal performance progress.

## **Other Courses**

### **Prince's Trust and Barista Skills Award**

[Prince's Trust](#)

[Barista Skills Award - Level 5](#)

### **Borders College**

[Schools Academy](#) (filter Types of Study to Schools Academy)

### **Professional Development Awards**

[Scottish Football Association: Refereeing - Level 7](#)

This qualification covers areas such as understanding of SFA refereeing, concentrating on knowledge and understanding of the Laws of the Game of football. It also includes learning about formal controls, misconduct, match reports and fitness standards for referees. This knowledge is drawn together by refereeing a football match.

Assessments take place through various different means, including fitness testing and completion of a fitness log whereby candidates must achieve the minimum requirement set by the SFA, a formal theory assessment under exam conditions and a practical assessment of candidates refereeing a football match and completing the necessary match reports.

### **Awards**

[Modern Languages for Life and Work - Level 4](#)

#### **Aims:**

- to provide flexible opportunities to study two modern languages in practical and relevant contexts for life and work purposes.
- to identify and demonstrate employability skills and gain work experience in a real-life business context.

#### **Course content:**

- Modern Languages for Life (SPANISH): topics such as family/friends, school, leisure, etc.
- Employability skills (ENGLISH & FRENCH/ SPANISH): identifying own skills, as well as skills required in a business setting, with the opportunity to see and put these skills in practice in a business setting, courtesy of our partner, Ahlstrom. Opportunities for real life job applications, interview and work experience form part of this unit.
- Modern Languages for Work (FRENCH/ SPANISH): topics such as money, work conditions, opinions of jobs, local environment.

Skills will be developed in Talking, Listening and Reading in the foreign language. Assessment is internal and involves tasks in the above skills.

**Who is this course aimed at?**

- Pupils all of abilities with any level of French and/or Spanish, or indeed no experience of foreign languages.
- Pupils with an interest in languages and business.
- Pupils looking for a more vocational, cross-curricular approach to learning.

**Why take this course?**

- 65% of businesses identify a need for foreign language skills.
- Over 70% of employers are very dissatisfied with school leavers' language skills.
- These employers were also dissatisfied with school leavers' "business and customer awareness". (*Source CBI Education and Skills Survey 2014*)

You can address these concerns with this Award!