



# Weekly Heads Up!

Friday 27th February 2026

Holiday? What holiday? We have come back to the second half of the term with a bang: Inservice day, Course Choices, S3 Parents' Evening, Parent Council Meeting...phew!

Our S3-S5 students were given their Course Choice Sheets this week. If you need any more information over the weekend, please have a look at the email I sent home and this page on our website [Berwickshire High School - Assessment, Tracking & Reporting](#) gives you spare copies of the sheet and a booklet outlining the courses. We are delighted we can expand our offering this year - both in school and in partnership with Eyemouth High School and Online Offerings from colleagues across SBC. The growth will continue over the coming years, which is very exciting.

The hand in date is Monday 2nd of March and we will do this electronically. A reminder that we will then proceed with finalising the timetable and will have opportunities for any changes in June and August.

S2 students will get their Course Choice Sheets on Monday the 10th of March

Our S3 Parents' Evening was a real success. The energy in the building was fantastic; it is really important to us that Berwickshire High School feels like a welcome place for our families. You may have been fortunate enough to sample the wares of our Barista crew (I LOVE my Oat Milk Mocha!) or to have attended one of our Maths information sessions. You may be interested to hear that the Barista counter was built by 3 of our students supported by Mr Martyn Lawrenson; it is superb. These initiatives bring a real sense of community to our Parents' Evenings.

I hope you all have a wonderful weekend - the first weekend of Spring.

Aim For Best

Mrs Weston



## BHS Trip to Newcastle v Brentford Premier League Game

On Saturday, 68 BHS students and 4 staff enjoyed an exciting trip to Newcastle to watch the Premier League match between Newcastle and Brentford. Before the game, students had the opportunity to enjoy hospitality and watch the Scotland v Italy Men's Six Nations match, adding to the day's excitement.

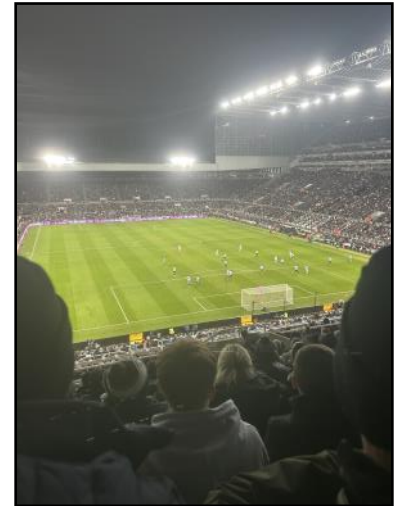


Students were enthusiastic throughout the trip, engaging with the match and soaking up the stadium atmosphere. After a memorable and enjoyable experience, everyone travelled home safely, with a singsong on the bus rounding off a fantastic day out.

Student quotes:

"I love going on these trips. We were treated really well in hospitality. The match was passionate and exciting, with a few penalty calls that made it even more eventful." - Hayden

"I enjoyed spending time with my friends outside of Duns. The atmosphere was electric and the match was eventful." - Lucas



### Learning Logs - Located in OneNote - Week Commencing 23rd February 2025

Subject	Course	Teacher	Learning Log Details
Business	S3 - 3G	Mrs Hill	End of unit assessment - Admin
Business	S3 - 3F	Mrs Hill	End of unit assessment - Human Resources
Geography	S1 - 1D2 & 1S1	Mr Meadows	Greek assessment
PE	All S1 to S3 classes	All	Please sign once read

## Bearista Trip

Our Bearista Team recently enjoyed a visit to The Three Hills Roastery in Gordon, where they deepened their knowledge of coffee from bean to cup. The session covered the theory behind coffee, including the different types of beans, where they are grown, and how flavour profiles are developed. Students then had the chance to watch beans being roasted and learn about the roasting process, before finishing with hands-on training in latte art. A huge thank you to the team at The Three Hills Roastery for having us.



The Bearistas team will also be serving tea, coffee and hot chocolate at the upcoming S2 parents evening. Find us in the small canteen near music to purchase a hot drink. We will be accepting cash or card. Miss Brotherston

## Young Enterprise

The Young Enterprise team, The Colour Collective, visited Gala Academy yesterday for training ahead of the Regional Finals in March. The team presented a summary of their business journey, took part in interviews with four “dragons,” and received expert guidance on how to pitch with confidence from journalist and commentator David Ferguson. They represented BHS brilliantly throughout the day and came away with valuable feedback and practical tips to help strengthen their final pitch. A great experience for the team to boost their confidence and performance at the regional finals.

Miss Brotherston



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## S3 Careers in Agriculture Day

On Tuesday, all S3 pupils took part in our Careers in Agriculture Day, designed to broaden their understanding of the wide range of opportunities within the rural sector as they begin finalising their course choices.

We were delighted to welcome representatives from Scot Agri, Galedin Vets, Thorburn Group, Edwin Thompson, Agrovista, Border Union, Greenvale, and Skills Development Scotland (SDS). Pupils rotated around interactive sessions, learning about careers in agricultural engineering, veterinary science, land and property, agronomy, food production, and apprenticeships. Employers shared their own career pathways and highlighted the skills and qualifications needed in the industry.

A definite highlight of the day was Cassie the dog, who proved to be very popular with pupils!

Our S3s represented the school exceptionally well. They were engaged, asked thoughtful questions, and received very positive feedback from the visiting employers.

We hope the day has given pupils valuable insight and something to consider as they make important decisions about their subject choices and future career pathways.

Also, massive thank you to the BHS Barista class for providing drinks!

Lucy Owenson, DYW School Coordinator



## S2 Environmental Hazards Projects

S2 Geographers have been learning about Environmental Hazards in class. They were tasked with creating a project based on an Environmental Hazard Case Study of their choice. The work and models created by students were amazing!

Here are some of the excellent pieces of work that students came up with.

Well done everyone! Mr Meadows



## S1 Geography World Project Winners

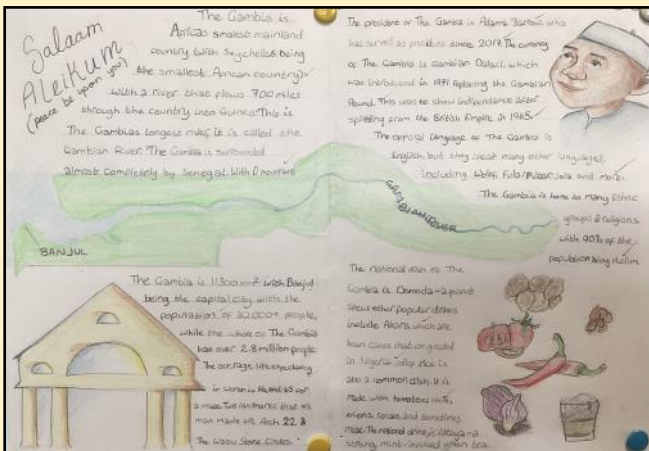
Our S1 students have truly outdone themselves with their brilliant World Geography projects! With over 100 fascinating places explored between them from across the globe, they demonstrated incredible curiosity and creativity while investigating population demographics, famous landmarks, unique wildlife, and rich traditions and cultures.

The quality of research, presentation, and enthusiasm has been outstanding, and we are so proud of the effort shown by every student. All results are now available in learning logs, and our unbelievable winners have been celebrated, receiving their well-earned prizes of inflatable globes and stationery!

Thank you sincerely for the encouragement and support you provide at home - it makes a real difference and helps bring learning to life. Miss Ralston

### Overall Year Winner - Jess Benson, Brazil (1S1)

<p>1D1 1st Summer Stevenson (Panama) 2nd Olivia Johnson (Cook Islands) 3rd Robin McEwen (East Timor)</p>	<p>1D2 1st Ruby Lawson (Georgia) 2nd Nicola Lemanska (Egypt) 3rd Arran McSorley (Thailand)</p>
<p>1H1 1st Phoebe Jacobs (Japan) 2nd Ross Hull (Vietnam) 3rd Emily Cochrane (Croatia)</p>	<p>1S1 1st Olivia Lampert (Malaysia) 2nd Lily McGonigle (Switzerland) 3rd Ella Pitman (Estonia)</p>



Ella Gibson - Example of beautiful project of Gambia



S1 Projects on Miss Ralston's Wall



Jess Benson - Brazil Booklet Project

## S2 Natural Disasters Projects

I am incredibly proud of my S2 students who took part in the voluntary Creative Natural Disasters project! The imagination, effort, and scientific curiosity on display have been fantastic. From an erupting volcano cake and a light-up papier-mâché volcano, to a carefully tested wildfire fire experiment, students truly brought their learning to life.



We were also amazed by the beautiful and powerful artwork depicting tsunamis and tornadoes. The creativity and dedication shown in these projects have been inspiring, and it has been wonderful to see students going above and beyond.

Thank you so much for the continued encouragement and support at home – it makes such a difference in helping our young people explore their interests with confidence and enthusiasm.  
Miss Ralston

**Top Prize** - Connie (light up volcano)

Ruel and Ellys - Art Work

Gregor and Harris - Volcano Cake

Sol and Ethan - Fire Project (video)



## Parent Council

Our next parent council meeting will be on Wednesday 25th March, we would love for you to join us if you are able.

**The Parent Council Needs Your Help!**

Please Hand In Your **USED SCHOOL UNIFORMS**

Shirts, skirts, jumpers, ties, jackets, sports wear

We are accepting donations of gently used school uniforms. All donated items will help support other families in need.

All sizes needed!

Please drop off any unwanted uniforms at the school office. Thank you for your support!

## UK Intermediate Maths Challenge

5 of our S4 students recently took part in the UK Intermediate Maths Challenge.

Rowan Harrison was Best in School & achieved a Bronze certificate. Brilliant result, Rowan!

Well done to everyone who took part, you have all been given an Enthusiastic CRESS Award. The questions were extremely challenging and you did brilliantly! Mrs Dalton



## Parental Surgery January - Easter 2026

Parental Surgery offers parents/carers the opportunity to speak to a Head of Year or Head of Support for Learning on non-urgent matters. Appointments can be made by contacting the Berwickshire High School office. A Head of Year/Head of Support for Learning will contact you by telephone or set up a TEAMS meeting at the agreed time.

Appointments will be available from 2:15pm - 3:45pm.

If you feel it is appropriate you can leave a brief comment about what you wish to discuss.



DATE	STAFF MEMBER
Thursday 5th March	Mrs Darling - Open to P7 parents
Thursday 12th March	Mr Watson - Open to P7 parents
Tuesday 17th March	Mrs Doig - Open to P7 parents
Thursday 26th March	Mrs Huffman - Open to P7 parents
Thursday 2nd April	Mrs Darling - Open to P7 parents

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### S3 Spanish Enrichment Day

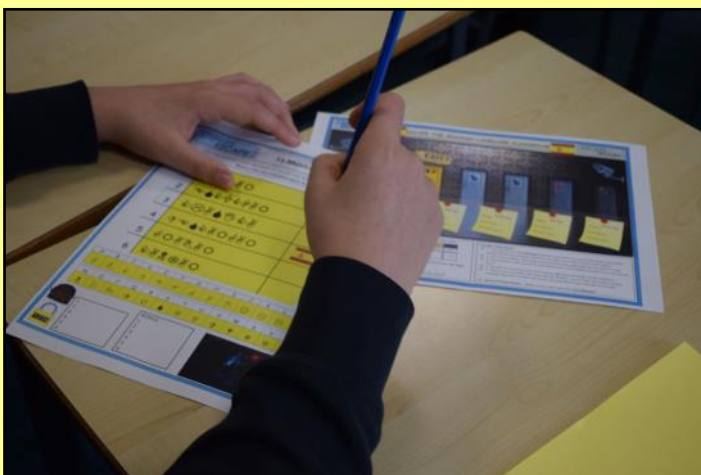
On Thursday the whole of our S3 cohort took part in a carousel of activities to develop their knowledge and skills in Spanish culture.

Throughout the day they took part in Flamenco Dancing lessons; a cookery session where they had the chance to watch a demonstration of churros, padrón peppers, chorizo in sauce and tortilla - and to taste them; an Escape Room; an Auction quiz and watching a documentary about four American teenagers who spent 8 weeks in Guatemala living on “One Dollar a Day” - the average subsistence wage in that country.

Not only has the feedback from our students been very positive but our external providers have also commented on how impressed they were with our pupils, who joined the activities with enthusiasm. The musicians and dancers from TuFlamenco Dance Company said that our students “were really great! We felt they really made the very best of our time and efforts and that doesn’t happen always in our other sessions at other schools, so congratulate them from us.”

I was also very touched to be presented with flowers, chocolates and a card to say “Muchas Gracias” for putting together the day’s activities.

Thank you and well done, everyone! Mrs Rowson



## DunsPlayFest

DunsPlayFest is back from the 1st to the 9th of May! Returning right here in Duns for its eighth year, the festival is packed full of live theatre, new writing, music, dance, workshops, storytelling, and more! This year we're very excited to be offering a youth pass for all high school students, which allows you to see four shows by emerging artists at the bargain price of £10!

The youth pass can be purchased here: <http://tikt.link/youthpass>

The four shows included in this deal are:



### Perfect Dead Girls (Audaciously Tenacious Theatre) - 7.30pm Sun 3 May

In a purgatory plastered with graffiti, glitter, and teenage angst, two young girls find themselves trapped after their sudden deaths with only one thing they know for sure: something else is here, watching them, deciding who gets to leave and who gets left behind. As they-and the audience-piece together the clues hidden in this fragmented collage of memories, movement, and Y2K pop culture, the girls must battle each other and their own demons to face what they're truly willing to do to escape. 15+

### Moon Swing (Simply Surreal) - 5.45pm, Monday 4 May

Leanne, Lucy and Richard spent their childhoods wondering about the moon and promised to one day live there, together. As their lives play out before our eyes, we see them grow, always together and always under the watchful gaze of the moon. With time racing past them, will they ever fulfil their promise and make it to the moon?

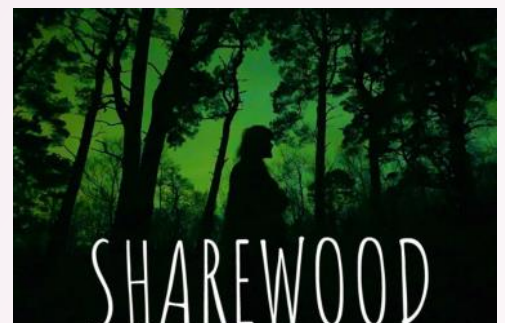


### Crocodile Tears (SharkBait Theatre) - 7.30pm, Monday 4 May

When viewership tanks for the latest season of a survival TV game show, the producers realise they must go to extreme lengths to make sure the show doesn't get cancelled - no matter the cost. After all, the contestants signed a contract, they can't back out now... Follow the final five contestants, guided by the show's eerily vivacious host, as they slowly realise that this reality show just got a whole lot more "real" than they bargained for. Crocodile Tears is a new satirical comedy play about surveillance, authenticity and the ethics of reality TV. 14+

### ShareWood (Mon Espoir) - 5.45pm, Wed 6 May

Robin Hood, Maid Marrion, Friar Tuck, and Little John are chronogenetically unfrozen in 2026 and immediately start trying to redistribute the wealth. Adapting to this unnatural world is hard, especially with the Grey Squirrel relentlessly oppressing them. A narrative told through various theatrical forms as a parable on resistance and resilience.



For more information, pop along to our launch evening at the Volunteer Hall on the 25th of February, visit <https://www.dunsplayfest.org.uk> or follow us on Instagram, TikTok, or Facebook @dunsplayfest. Keep an eye an out on the HeadsUp for information about how to get involved and about BHS involvement in the festival.

Jamie Mein (\$5 student and DPF Trustee)

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## Extra-Curricular Sport

### Borders Secondary Schools Badminton Championship

Berwickshire High School continued their outstanding presence at this year's Borders Secondary Schools Badminton Championship, fielding the highest number of participants of any Borders school. Across three age groups, approximately 155 matches were played, including both singles and doubles competitions.

BHS players demonstrated not only skill on the court but also exceptional sportsmanship. They supported one another throughout the day and played with grace and respect toward their opponents—a true credit to the school.

Berwickshire High achieved remarkable results, winning 6 of the 12 events and finishing as runners-up in 7 events. This success reflects both the talent and dedication of the players, as well as the strong badminton culture fostered at the school.

A special thank you to Pete Hardie for his continued support running Monday after-school badminton sessions at BHS, and to Duns Badminton Club for their Friday evening sessions, which are very popular with Berwickshire HS students.

Congratulations to all the students who represented BHS so admirably!

Event	Result	Student
Boys 2010 Singles	Winner	Noah Tait
Boys 2010 Singles	Runner-Up	Rowan Harrison
Boys 2007 Singles	Runner-Up	Farris Osman
Girls 2012 Singles	Winner	Edie Thomson
Girls 2012 Singles	Runner-Up	Florrie Bell
Girls 2010 Singles	Runner-Up	Jenna Fleming
Boys 2010 Doubles	Winner	Noah Tait & Logan Roberts
Boys 2010 Doubles	Runner-Up	Angus Barry & Zakk Steady
Boys 2007 Doubles	Winner	Farris Osman & Harrison Roberts
Girls 2012 Doubles	Winner	Florrie Bell & Olivia Lampert
Girls 2010 Doubles	Winner	Maddie Kitchen & Hattie Spence
Girls 2010 Doubles	Runner-Up	Partner 1 & Edie Thomson
Girls 2007 Doubles	Runner-Up	Jenna Fleming & Tess Crilly





## Extra-Curricular Sport

### BHS Hockey - Well Done!

Our hockey players played their final fixtures of the season away against Gala, finishing with some excellent performances.

#### Results:

- S1: Won 5-2
- S2: Narrow loss, 2-1
- S3/SNR: Fantastic 3-0 win

A special mention goes to Orla Finnie for scoring an outstanding hat-trick - well done!

As the season draws to a close, we still have tournaments to look forward to. Please ensure availability has been confirmed via the SPOND app. A reminder that the S1 and S2 tournaments take place on a Saturday.

Well done to all of our hockey players on a brilliant season - a fantastic effort from everyone involved!

Finally, a huge thank you to Fiona Lawson and Chloe Hood for their continued support throughout the season 🙌 ~ Miss Williamson



## THE UN CONVENTION ON THE RIGHTS OF THE CHILD - 'RIGHT OF THE WEEK'



### ARTICLE 14 (freedom of thought, belief and religion)

Every child has the right to think and believe what they choose and also to practice their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.

# PE Department Activity and Subject Champions

## January - February 2026

Well done to the students listed below who have been awarded PE Activity Champion or PE Senior School Subject Champion status for the first set of activities covered this term.

Each student has earned 5 House Points, a CRESS Award, and can collect their certificate from Mrs Morrison.


Fantastic work, everyone – keep it up!

Year Group & Activity		Activity Champions	CRESS Value
S1 Fitness	Tuesday 6&7	Olivia Johnson	Enthusiastic
		Sasha Cameron	Enthusiastic
	Thursday 5&6	Katy Bramell	Committed
		Mia Patterson	Committed
S1 Gymnastics	Tuesday 6&7	Kai McTigue	Enthusiastic
		Ella Gibson	Enthusiastic
	Thursday 5&6	Macey Finnie	Committed
		Clark Thomson	Enthusiastic
S2 Fitness	Thursday 3&4	Merrin Doggett	Enthusiastic
		Lukas Rowlands	Enthusiastic
	Friday 4&5	Amelia Smith	Committed
		Sophia Patterson	Committed
S2 Basketball	Thursday 3&4	Lexxi Blake	Committed
		Rokas Petrosius	Enthusiastic
	Friday 4&5	Logan Grunewald	Enthusiastic
		Ryan Cartledge	Enthusiastic
S3 Fitness	Wednesday 1&2	Logan Yule	Committed
		Cerys Beadle	Committed
	Thursday 1&2	Kourtnei Reid	Committed
		Brooke Longstaff	Committed
S3 Badminton	Wednesday 1&2	Hayden Brydon	Enthusiastic
		Oran Butler	Enthusiastic
	Thursday 1&2	Sam Leather	Enthusiastic
		Angus Barry	Committed

Subject	Activity Champions	CRESS Value
S4 Core PE	Joe Davies	Enthusiastic
	Harley Calder	
	Hamish Wight	
NPA Sports & Fitness	India Jackson	Committed
	Jess Cowe	Committed
NPA Exercise & Fitness	Mattie Jones	Committed
N5 Short	Cullen McIntosh	Committed
N5 Long	Logan Roberts	Enthusiastic
N5 Miss Dunn	Jacob Knighton	Committed
Higher PE	Andrew Brydon	Committed
Advanced Higher PE	Erin Blaikie	Committed
	Amy Reid	
	Lexie Kerr	
Active Schools Young Coaches	Amy Reid	Committed

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Heads Down - Upcoming Student Assessments (March)				
Subject	Level	Teacher	Assessment	Date
PE	Higher	Miss Fellenger	Practical Assessment	Tuesday 3rd
English	N5	Miss Currie Mr Leiper Mrs Whitfield	Final Folio Printed and Paperwork Complete	Wednesday 4th
Spanish	S3 - 3H1	Mrs Rowson	N3 Writing Assessment - Employability	Wednesday 4th
Spanish	S3 - 3S1	Mrs Rowson	N3 Writing Assessment - Employability	Thursday 5th
Modern Studies	N5	Dr Koita	Assignment Final Type Up	Thursday 5th
Modern Studies	Higher	Dr Koita	Assignment Final Type Up	Friday 6th
Design & Technology	S1	Mrs Brown	One Point Perspective	Friday 6th
PE	N5 Higher	Miss Fellenger	Practical Assessment	Monday 9th & Tuesday 10th
Spanish	S3 - 3SpAD	Mrs Rowson	N4 Speaking tests	Monday 9th & Wednesday 11th
Spanish	S3 - 3H1	Mrs Rowson	N3 Listening and Reading Assessments - Employability	Wednesday 11th
Spanish	S3 - 3S1	Mrs Rowson	N3 Listening and Reading Assessments - Employability	Thursday 12th
Spanish	S3 - 3SpAD	Mrs Rowson	N4 Reading Assessment	Thursday 12th
Spanish	Higher	Mrs Rowson	SQA Speaking Tests	Thursday 12th & Friday 13th
Spanish	N5	Mrs Rowson	SQA Speaking Tests	Thursday 12th & Friday 13th
Spanish	S3 - 3SpAD	Mrs Rowson	N4 Listening Assessment	Monday 16th
Spanish	S3 - 3H1	Mrs Rowson	N3 Speaking Assessment - Employability	Wednesday 18th
Spanish	S3 - 3SpAD	Mrs Rowson	AVU	Wednesday 18th & Thursday 19th
Spanish	S3 - 3S1	Mrs Rowson	N3 Speaking Assessment - Employability	Thursday 19th
English	Higher	Miss Currie Mr Huffman Mr Leiper	Final Folio Printed and Paperwork Complete	Friday 20th
Spanish	S3 - 3SpAD	Mrs Rowson	N4 Wiring Assessment	Monday 23rd
Spanish	S1 - 1D1	Mrs Rowson	Listening & Writing Assessments - Where I Live	Wednesday 25th
Spanish	S1 - 1H1	Mrs Rowson	Listening Writing Assessments - Where I Live	Friday 27th



## Berwickshire High School

### PE Kit Policy

- All pupils should bring a full change of clothes to participate in PE, including trainers.
- If pupils can not participate, a note or contact should come from home but PE kit should still be worn, exceptional circumstances will be discussed.
- Pupils will be asked to borrow school kit if they do not have their own.
- If you require support from PE for kit please let Miss Fellenger know
- 2 no kits will result in a meeting with head of PE and if no improvement, detention.



**Committed, Respectful, Enthusiastic, Supportive & Safe**

# N5 & HIGHER

## PRACTICAL PERFORMANCE ASSESSMENTS

Know your marking scheme, what are you being assessed against



Monday 9 <sup>th</sup> March	Tuesday 10 <sup>th</sup> March
Period 1&2: Badminton	Period 1&2: Track & Field
Period 4&5: Trampoline & Hockey	
Period 6&7: Football & Netball	



Know the 2 activities you are being assessed in ✓  
 Know the day & time of your assessments ✓  
 Bring the correct equipment for your activities ✓

❓ *If you have any questions please speak to any of the teachers in PE as early as possible* ❓

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# DANCE SHOWCASE

**Berwickshire High's First Dance Show**



*Time & date TBC when participants are confirmed.*



## **Want to be involved?**

Whether you participate in dance outside of school or wish to perform alongside your friends, you are warmly invited to take part.

**SCAN & COMPLETE BEFORE  
FRIDAY 20<sup>TH</sup> MARCH**



Any questions please come & see  
Miss Fellenger or Miss Dunn in PE.



**WHITSOME**

*Ark*

**QUIZ  
NIGHT!**

**BACK  
FOR  
MORE!**

**\* FRI 13 MARCH \***

**Please book by 6 March**

**DOORS 7PM FOR 7.30 START**

**\* PLEASE BOOK IN ADVANCE! \***

**ONLY £16 PER (MAX) TEAM OF 4**

**- email your booking to -**

**[jarlamb@gmail.com](mailto:jarlamb@gmail.com)**

**BYOB. RAFFLE ON THE NIGHT + HALF TIME SNACKS!**