



Weekly Heads Up!

Friday 24th April 2026

I trust you all had a lovely Easter break. It has been great to get back into routine after the holiday (although I am not sure the teenagers agree) and, typically when it comes to study leave, the weather is gorgeous - which means our students can get out and PE teachers can get their reward for many days spend supervising classes and extra curricular clubs during the dreich days of winter.

Qualification Scotland (the "artist previously known as" the SQA) exams have begun in earnest. As I write, the Business Management exams are in full flow. One of the great joys of my career is seeing young people rise to challenging situations - and my goodness the students of BHS rise to these exams. Good luck to all those sitting qualifications in these coming weeks.

Our Summer Academy also begins next week. Please encourage your child to take part, if they have been invited. This is a great opportunity to get more qualifications and build more skills before leaving school.

Our S1-S3 students are not idle. S3 start their work experience and are preparing for S4, S1 and S2 have loads on - including their Physical Activity Careers day next week, which will be a real eye opener as to the wealth of careers in the industries.

Finally, this week it was time to say goodbye to our leavers. We had our annual graduation at Marchmont House for our S6. To say I was blown away by the standard of the speeches, performances and the overall attitude of our S6s would be an understatement. Our guest speaker, former student Maitland Murray, presented eloquently on his varied and interesting pathways post school and reminded us of the wealth of opportunities there are in life - and of the importance of taking them up. Thank you to him for coming along, and to Mr Meadows, Mr Watson, Mrs Robertson, Mr Mabon, Mr Huffman and Mr Gracey for their organisation and support of the day.

I haven't forgotten about our wonderful S4 and S5 leavers. Watch this space for our event to mark their move from BHS!

Have a great weekend

Mrs Weston



S6 Graduation Ceremony

We bid farewell to this year's S6 on Tuesday at Marchmont House with our annual graduation ceremony. We were very fortunate to welcome back former student Maitland Murray who shared some words of wisdom about life after school. Highlights also included musical performances from Connor Laidlaw, Farris Osman, Joseph McEwen and Holly Mabon as well as revisiting letters written by students back in S1 to their "S6 Selves". We would like to thank Marchmont House for their generous hospitality and wish our S6 leavers all the best as they move onto life after BHS!

Mr Meadows



Aim for Best: Learn • Achieve • Contribute



Extra-Curricular Sport

BHS Hockey

We would like to congratulate all Berwickshire High School hockey players on a fantastic season wrapped up by a sunny senior 7's tournament. Your commitment and teamwork have made us very proud.

A special thank you to everyone involved for their hard work and support throughout the year. We also wish our 6th year girls all the very best for the future, you will be greatly missed.

Miss Williamson



Borders School Cross Country

Well done to all students who represented the school at the Borders Schools Cross Country event. We had an incredible 37 pupils competing across all year groups, which is a fantastic achievement.

A special mention goes to our students for being the most supportive school on the day, cheering each other on and celebrating individual successes throughout. You represented the school with pride and positivity.



S3 Work Experience May / June 2026

Today we launched our work experience for S3's which will take place in May and June with flexibility where required for employers in August if needed. We have scheduled it with WorkIT/Gateway who support all work placements in Scotland for senior students and facilitate that all insurance and health & safety procedures are in place for our young people before they go out. We have brought the experience in line with other secondaries to nullify any impact on SQA senior course work in S4 as it used to take place in late October after our Careers Fair.



All relevant information has been placed in your child's DYW / PSE - S3 Teams and was covered fully today in an assembly. Over the coming days, please could you ask your child to look out for a 'Welcome Email' sent to their iPad with the username and password to register. Their WorkIT Portal using the key 'Opportunities', (found in Before Placement) will help them source all the local businesses and afar who are confirmed with insurance and health & safety checked to receive students' placements. Applying to these employers should speed up the process of acceptance to a placement as all new placements will have to go through the insurance procedure.

We had technical issues today with registering our students, but I am hoping this will be resolved certainly by Monday 27 April.

If your child is still having problems signing up, please ask them to come and see me as soon as possible and I will resend a 'Welcome Email', which should solve the problem.

Finally, I would ask you to take note on their DYW / PSE Teams the important dates that should be avoided when planning their work experience. An example of this would be activities surrounding our BHS School Sports Day - Wednesday 4 June.

Looking forward to another successful work experience for all our S3 students.

Mr Gracey
PT - Vocational Curriculum & Partnerships & Pastoral

Berwickshire High School



YOU'RE INVITED.....

CONNECT YOUR BUSINESS TO OUR CLASSROOMS



Date:

Thursday 4th June

Time:

4:00 - 4:30pm

Location:

Online

This will be your opportunity to hear directly from businesses who are currently working with DYW in the Berwickshire area about -

- The types of work they have done in schools with DYW
- How their business has benefitted
- The impact this engagement has on students

DYW

BORDERS

Developing the
Young Workforce

RSVP :

eholdsworth@dywborders.co.uk

Aim for Best: Learn • Achieve • Contribute

PE Department Activity and Subject Champions

February - March 2026

Well done to the students listed below who have been awarded PE Activity Champion or PE Senior School Subject Champion status for the first set of activities covered this term.

Each student has earned 5 House Points, a CRESS Award, and can collect their certificate from Mrs Morrison.

Fantastic work, everyone – keep it up!

Year Group & Activity		Activity Champions	CRESS Value
S1 Gymnastics	Tuesday 6&7	Alicia Forbes	Respectful
		Olivia Johnson	Enthusiastic
	Thursday 5&6	Oliver Afonso Dias	Committed
		Audrey Huffman	Committed
S1 Fitness	Tuesday 6&7	Cullen Anderson	Committed
		Nicola Lemanska	Enthusiastic
	Thursday 5&6	Olivia Lampert	Committed
		Danni Paterson	Committed
S2 Basketball	Thursday 3&4	Tommee Ryder	Enthusiastic
		Jordan Rauch Dias	Enthusiastic
	Friday 4&5	Elliott Scott	Committed
		Morgan Payne	Committed
S2 Fitness	Thursday 3&4	Emily Bogdanova	Committed
		Ethan Rickard	Committed
	Friday 4&5	Logan Grunewald	Enthusiastic
		Seeley Kitchen	Enthusiastic
S3 Table-tennis & Floorball	Wednesday 1&2	John Hutchison	Enthusiastic
		Noah Higgingbottom	Enthusiastic
	Thursday 1&2	James Wesley	Committed
		Henry Baron	Enthusiastic
S3 Volleyball	Wednesday 1&2	Eilidh Ross	Committed
		Abi Hill	Committed
	Thursday 1&2	David Ross	Committed
		Morgan Luke	Committed

Subject	Activity Champions	CRESS Value
S4 Core PE	Jacob Knighton	Enthusiastic
	Elliot Jacobs	
	Rhys Simpson	
N5 Short	Mikey Alex-oni	Committed
N5 Long	Naomi Cullen	Committed
Higher PE	Leo Kunhithodika	Committed
Advanced Higher PE	Erin Blaikie	Committed

Aim for Best: Learn • Achieve • Contribute

SPORT NEWS:



All parent/carers of young people who participate in Berwickshire High School extra curricular sport clubs should be signed up to Spond. This will streamline all sport communication. EV2s will still be used.



Spond Code: zbeop



- Download Spond via iOS or android on parent/carers phone
- Register & make an account, add pupils name when prompted
- Siblings can be added to the same account
- PE staff will add pupils to necessary clubs
- Pupils can use parent/carers account on their own device too

EMAIL US
WITH ANY
QUESTIONS



gw25fellengerniamh@glow.sch.uk



Parent Council

Our next parent council meeting take place at 6pm on Wednesday 20th May, we would love for you to join us if you are able.

DYW

BORDERS

Developing the
Young Workforce



BERWICKSHIRE HIGH SCHOOL CAREERS INVOLVING PHYSICAL ACTIVITY

Considering a career in sport or physical activity, or certain that's what you want? Come along to the careers fair and see where it could take you!

TUESDAY, 28 APRIL 2026

Games hall in the PE department



S1 PERIOD 2, S2 PERIOD 3, S3 PERIOD 4
SENIOR PUPILS WELCOME TO DROP IN



Further education opportunities



Potential careers in sport



Careers that involve being physically active



gw25_fellengerniamh@glow.sch.uk



Berwickshire High School

Aim for Best: Learn • Achieve • Contribute



Chess Mentor/Coach Wanted

We are looking for a volunteer(s) from the wider BHS Community to coach/mentor our keen players in chess basics, tactics and strategy.

If you have an interest in chess and feel that you can build a rapport with our S1-3 students to develop their chess skills, please contact Mr. Bain, the School Librarian via gw12bainjohn2@glow.sch.uk.

For the successful candidates a PVG is required and this will be supported by the school.

Mr. Bain, Librarian



Duns Fair Share exists to serve the whole community. You can find them tucked away down Murray Street just off Duns Market Square. Their Community Larder offers really good food that would otherwise be wasted and makes it available to everyone. For a small donation of £2 you can pick up to ten items from an amazing range of produce.

The Larder is open three times a week: Tuesday and Thursday mornings from 10 to 12 and Friday lunchtimes from 1 to 2pm. Please go along and support this green initiative. If you follow Duns Fair Share on Facebook you can also see notices of their surprising evening "pop up" larders on Monday and Wednesday nights.

Duns Fair Share also runs the Food Bank. The cost of living has risen sharply in recent months and is set to rise again. If you, or anyone you know, is struggling to provide enough food for the week they can help. If you're on a prepayment meter and struggling to meet gas and electricity costs, they can also help with that.

There are staff at the school who can refer families direct to the Food Bank, but if you don't want to take that route, just contact your Housing Association if you are a tenant, or phone the Citizen's Advice Bureau on 01361 883340 and leave a message. Other agencies that can refer families for help are the DWP, Health Visitors and GP's, and Social Services.

At Roxburgh and Berwickshire Citizens Advice Bureau we understand that due to the cost-of-living crisis and rising energy costs, people might be struggling.

We have an office in Duns, and we are there to support the local community with any issues they may be facing across a number of advice areas. Our advisors are experienced in helping across several areas, including benefits, debt, employment, housing and relationship issues. We are also able to assist those who may be experiencing food and fuel crisis.

Our advisors are also able to check potential benefit entitlement for those both in and out of employment.

To have a confidential chat with one of our advisors, you can attend our drop-in session on a Wednesday morning between 10:00 - 12:00 at Southfield Community Centre, Station Road. Or you can contact us using the following methods:

Telephone: 01361 883340

Email: enquiries@roxburghcab.casonline.org.uk



Heads Down - Upcoming Student Assessments (April)

Subject	Level	Teacher	Assessment	Date
Maths	S3	Mrs Kenneally	Progress Assessment 6	Thursday 30th

Heads Down - Upcoming Student Assessments (May)

Subject	Level	Teacher	Assessment	Date
Maths	S3	Mrs Dalton	Statistics	Friday 1st
History	S2 - 2S2	Dr Koita	Henry VIII	Wednesday 6th
Business	S3 - 3G	Mrs Hill	End of Year Assessment	Monday 11th
Business	S3 - 3F	Mrs Hill	End of Year Assessment	Tuesday 12th

Learning Logs - Located in OneNote - Week Commencing 27th April 2026

Subject	Course	Teacher	Learning Log Details
Computing Science	S3 - 3I	Mrs Marchand	Python Programming
Computing Science	Higher	Mrs Marchand	Checkpoint 2
PE	All S1 to S3 classes	All	Please sign at the bottom once read



CONTEMPORARY
DRAMATIC WRITING
COMEDY MUSIC THEATRE
01 - 09 MAY 2026
DUNSPLAYFEST.ORG.UK

View the flipbook to learn more about the whole programme by [clicking here](#).



A Heart
for Duns

Find out all that is going on, from plant sales to community lunches to the latest cinema releases, by [clicking here](#).

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - 'RIGHT OF THE WEEK'



ARTICLE 20 (children unable to live with their family)

If a child cannot be looked after by their immediate family, the government must give them special protection and assistance. This includes making sure the child is provided with alternative care that is continuous and respects the child's culture, language and religion.

Aim for Best: Learn • Achieve • Contribute



BORDERS

Developing the
Young Workforce



INTRODUCTION TO A CAREER IN MEDICINE

Are you thinking about a career in medicine?

Join our exciting programme designed to give you a real
insight into the medical profession.

Whats included:

- What to expect from a career in medicine
- Guidance on medical school applications
- Hands-on clinical skills sessions
- Opportunities to meet and learn from medical professionals

Eligibility:

Open to all (new) S4 - S6 students from Borders schools

Dates & Locations:

20 - 24 July 2026

Borders General Hospital, Melrose

How to Apply & More Information:

Speak to your DYW School Coordinator or email
nshaw@dywborders.co.uk with your name, contact details and
availability for the week.

Spaces are limited - apply early to avoid disappointment!

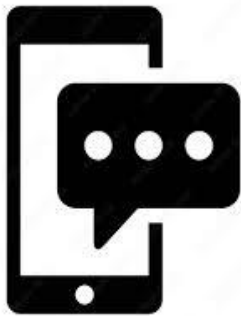


ChatHealth

NHS Borders
School Nursing
Chat Health

Advice for young people
aged 11-18 within NHS
Borders

Text - 07507330509



This is a confidential Text Service

Response time within 24 hours:

08.30 - 6:30 Monday to Friday

Excludes 25th & 26th December,
1st & 2nd January and Public Holidays

We provide advice on health and
wellbeing issues





Join Reston JAC

New Members Afternoon

CURIOUS ABOUT YOUNG FARMERS?

Come see what its all about

whether you're into farming, making friends, learning new skills or just trying something different

THERE'S A PLACE FOR YOU HERE



Follow us Online @Restonjac

All Welcome



SOUTHFIELD COMMUNITY CENTRE, DUNS

SUNDAY 26TH APRIL

1PM ONWARDS



Aim for Best: Learn • Achieve • Contribute