



Berwickshire High School

Daily Bulletin Wednesday 20th May 2026

NOTICES FOR STAFF, STUDENTS AND PARENTS

HOUSE CHALLENGE SCORES

	Douglas	Home	Scott
PE Activity Champions	60	85	50
Chess Chums	21	48	28
Running totals:	984	765	1026

STAFF DETENTION ROTA

Period 5a (12.30 - 12.50pm)	Period 5b (1.20 - 1.40pm)	Afterschool (3.50 - 4.20pm)
Mr Harvey	-	-

S3 PREFECTS

WEDNESDAY

David Ross	Freddie Lake	Ruaridh Scott
Jacob Carr	Kieran Cutter	

Fact of the week	No piece of paper can be folded in half more than seven times.
Quotation of the week	“Any fool can <i>know</i> . The point is to <i>understand</i> ” Albert Einstein
Word of the week	Repudiate v. to reject as having no authority or binding force Synonyms: abandon, dismiss, renounce Antonym: accept
Study Tip of the week	‘Learning styles’ aren’t supported by evidence, so focus on what works (like retrieval practice).

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - ‘RIGHT OF THE WEEK’

<p style="font-size: small; text-align: center;">HEALTH, WATER, FOOD, ENVIRONMENT</p>	<p>ARTICLE 24 (health, water, food, environment)</p> <p>Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and wellbeing so that children can stay healthy. Richer countries must help poorer countries achieve this.</p>
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GENERAL NOTICES

THANK YOU FROM PE

A massive thank you to our wonderful BHS pupils who planned and delivered to our cluster P7s on Friday afternoon as part of our PE transition. They led 50 of the P7s around 4 stations, experiencing snippets of what PE looks like at Berwickshire. The pupils represented our school immensely and should be extremely proud of themselves.

DEMISTIFYING STUDY SKILLS

Dyslexia Scotland Borders is holding a free event on study skills for pupils with dyslexia in St Boswells on 2 June. [Book your free place - Dyslexia Scotland Borders - Demystifying study skills, St Boswells \(in person\) - The Buccleuch Arms, The Green, St Boswells](#)

QUALIFICATION SCOTLAND EXAMINATIONS

All students in the school must be aware of the following information during the examination period. These are very important exams for the students in the senior phase and as a school we need to ensure we give them the best opportunity to succeed. Please take note of the following information.

- Please keep the noise to a minimum in the corridors of the school, exams take place throughout the building and not just in the exam hall.
 - At break and lunch exit the building as soon as possible as exams often go through break and lunchtimes.
 - When outside, students should please avoid the steps outside the assembly hall (in the quad).
 - Please be aware of the red examinations signs outside classrooms and workroom as exams are taking place and therefore you must be quiet around these areas.
 - The area in front of the exam hall usually has barriers across indicating that exams are taking place. Under no circumstance are you allowed to go through this area.
 - Please follow any instructions given by members of staff, including the visiting invigilators.
- Thank you in anticipation for your cooperation.

LOWER SCHOOL

S1/2

RUGBY TRIP- WEDNESDAY 20TH MAY

A reminder the below pupils have a rugby trip on **Wednesday 20th May**. You should arrive to the games hall in PE for **8.45am** to register with Rebekah.

Please remember to bring warm clothes, lunch, snacks and lots of water. You will not be back in time for the buses at the end of the school day.

If there are any questions please see Miss Fellenger or James asap.

S1 BOYS	S2 BOYS	S1/2 GIRLS
Clark Thomson	Elliot Scott	Hope Young
Archie Donaldson	Harry Campbell	Isabella Rustad Renshaw
Tommy Park	Renato Baya	Annie Martin
Patryk l	Jason Brown	Danni Patterson
Jack Keenan	Evan Tait	Ebony Longstaff
Daniel Spalding	Alfie Beckett	Ella Pitman
Charlie Millar	Logan Grunewald	Ellys Laidlaw
Cameron White	Alex Chisolm	Emmie Brown
Ross Hull	Harrison Huebner	Holly Rutherford
Cohen Ainslie	Alfie Oldershaw	Kitty Barrie
Alex Parsons	Lukas Rowlands	Kylah Tennant
Aaron Jerden	Harry Davies	Merrin Doggett
	Jack Holmes	Olvia Lampert
		Penny Ritchie
		Leah McLaughlin
		Maisie Douglas
		Jess Benson
		Isla Smith
		Matila Traynor

ALL

HEALTH AND WELLBEING - W/C 18TH MAY PLEASE NOTE ROOM CHANGES

S1 - Wednesday P7 (ALL PUPILS IN THE SPORTS HALL)

S2 - Monday P1 (1P1/1P2 FITNESS, 1P2/1P3 SMALL GYM, 1P5/1P6 HOME EC)

S3 - Wednesday P3 (ALL PUPILS IN THE SPORTS HALL)

ALL	<p>S1-S3 FIELD EVENT FINALS (w/c 25th MAY)</p> <p>Please check the notice board outside the Fitness Suite for the list of qualifiers and the event timetable for the Field Event Finals.</p> <p>It is your responsibility to check which finals you are in and to attend at the correct time. If your name is missing, please see Miss Williamson as soon as possible.</p>
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UPPER SCHOOL

ALL	<p>SENIOR SPORTS DAY</p> <p>Please use the form to sign up for sports day events (spread the word!)</p> <p>Senior Sports Day - June 2nd (Field and 1500m) June 3rd (Track) - Fill in form</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="8">Tuesday 2nd June</th> </tr> <tr> <th>P1</th> <th>P2</th> <th></th> <th>P3</th> <th>P4</th> <th>P5</th> <th></th> <th>P6</th> <th>P7</th> </tr> </thead> <tbody> <tr> <td>Girls LJ</td> <td>Boys HJ</td> <td></td> <td>Boys Shot</td> <td>Boys Jav</td> <td>Boys Discus</td> <td></td> <td>1500m</td> <td></td> </tr> <tr> <td>Boys HJ</td> <td>Girls LJ</td> <td></td> <td>Girls Jav</td> <td>Girls Discus</td> <td>Girls Shot</td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="2">Wednesday 3rd June</th> </tr> </thead> <tbody> <tr> <td colspan="2">First race at 12:00</td> </tr> </tbody> </table>	Tuesday 2nd June								P1	P2		P3	P4	P5		P6	P7	Girls LJ	Boys HJ		Boys Shot	Boys Jav	Boys Discus		1500m		Boys HJ	Girls LJ		Girls Jav	Girls Discus	Girls Shot				Wednesday 3rd June		First race at 12:00	
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Heads Down - Upcoming Student Assessments (May)				
Subject	Level	Teacher	Assessment	Date
History	S2 - 2D1	Mrs Hoggan-Nisbet	Civil Rights Assessment	Thursday 21st
History	S2 - 2H1	Mrs Hoggan-Nisbet	USA Assessment	Thursday 21st

WEDNESDAY - CANTEEN MENU

<p style="text-align: center;">VEGETABLE SOUP</p> <p style="text-align: center;"><u>MAIN MEALS</u></p> <p style="text-align: center;">CHICKEN KORMA WITH RICE & CHAPATTI BREAD</p> <p style="text-align: center;">CHINESE STYLE CHICKEN CURRY WITH RICE & CHAPATTI BREAD</p> <p style="text-align: center;">SWEET POTATO & COCONUT CURRY WITH RICE & CHAPATI BREAD</p> <p style="text-align: center;"><u>BAKED POTATOES</u></p> <p style="text-align: center;">CHOICE OF ANY COLD FILLING BEANS</p> <p style="text-align: center;"><u>PIZZA</u></p> <p style="text-align: center;">CHEESE</p>	<p style="text-align: center;"><u>SANDWICHES/ROLLS (GLUTEN FREE CHOICES AVAILABLE)</u></p> <p style="text-align: center;">CIABATTA ~ BAGUETTE BAGEL ~ WRAP</p> <p style="text-align: center;"><u>COLD FILLINGS</u></p> <p style="text-align: center;">CHICKEN MAYO CORONATION CHICKEN ROAST CHICKEN TUNA MAYO EGG MAYO CHEESE CHEESE SAVOURY COLESLAW MIXED SALAD</p> <p style="text-align: center;"><u>HOT FILLINGS</u></p> <p style="text-align: center;">POPCORN CHICKEN VEGGIE NUGGETS</p>	<p style="text-align: center;"><u>HOTDOGS</u></p> <p style="text-align: center;"><u>PASTA KING</u></p> <p style="text-align: center;">POMODORO FIRECRACKER CHICKEN</p> <p style="text-align: center;"><u>TRAYBAKES</u></p> <p style="text-align: center;"><i>GLUTEN/ DAIRY FREE CAKES AVAILABLE - SEE COUNTER FOR CHOICES</i></p> <p style="text-align: center;">JAM DOUGHNUTS BLUEBERRY MUFFIN FLAPJACK CUSTARD CREAM / GYPSIE CREAMS PLAIN/ CHOCOLATE CAKE</p>
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