



Berwickshire High School

Daily Bulletin Thursday 21st May 2026

NOTICES FOR STAFF, STUDENTS AND PARENTS

HOUSE CHALLENGE SCORES

	Douglas	Home	Scott
PE Activity Champions	60	85	50
Chess Chums	21	48	28
Running totals:	984	765	1026

STAFF DETENTION ROTA

Period 5a (12.30 - 12.50pm)	Period 5b (1.20 - 1.40pm)	Afterschool (3.50 - 4.20pm)
Mrs Darling	-	Mr Mabon

S3 PREFECTS

THURSDAY

Abi Hill	Logan Yule	Sean Guthrie
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Fact of the week	No piece of paper can be folded in half more than seven times.
Quotation of the week	“Any fool can <i>know</i> . The point is to <i>understand</i> ” Albert Einstein
Word of the week	Repudiate v. to reject as having no authority or binding force Synonyms: abandon, dismiss, renounce Antonym: accept
Study Tip of the week	‘Learning styles’ aren’t supported by evidence, so focus on what works (like retrieval practice).

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - ‘RIGHT OF THE WEEK’

<p>24 HEALTH, WATER, FOOD, ENVIRONMENT</p>	<p>ARTICLE 24 (health, water, food, environment) Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and wellbeing so that children can stay healthy. Richer countries must help poorer countries achieve this.</p>
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GENERAL NOTICES

THANK YOU FROM PE

A massive thank you to our wonderful BHS pupils who planned and delivered to our cluster P7s on Friday afternoon as part of our PE transition. They led 50 of the P7s around 4 stations, experiencing snippets of what PE looks like at Berwickshire. The pupils represented our school immensely and should be extremely proud of themselves.

DEMYSTIFYING STUDY SKILLS

Dyslexia Scotland Borders is holding a free event on study skills for pupils with dyslexia in St Boswells on 2 June. [Book your free place - Dyslexia Scotland Borders - Demystifying study skills, St Boswells \(in person\) - The Buccleuch Arms, The Green, St Boswells](#)

QUALIFICATION SCOTLAND EXAMINATIONS

All students in the school must be aware of the following information during the examination period. These are very important exams for the students in the senior phase and as a school we need to ensure we give them the best opportunity to succeed. Please take note of the following information.

- Please keep the noise to a minimum in the corridors of the school, exams take place throughout the building and not just in the exam hall.
- At break and lunch exit the building as soon as possible as exams often go through break and lunchtimes.
- When outside, students should please avoid the steps outside the assembly hall (in the quad).
- Please be aware of the red examinations signs outside classrooms and workroom as exams are taking place and therefore you must be quiet around these areas.
- The area in front of the exam hall usually has barriers across indicating that exams are taking place. Under no circumstance are you allowed to go through this area.
- Please follow any instructions given by members of staff, including the visiting invigilators.

Thank you in anticipation for your cooperation.

LOWER SCHOOL

ALL

S1-S3 FIELD EVENT FINALS (w/c 25th MAY)

Please check the notice board outside the Fitness Suite for the list of qualifiers and the event timetable for the Field Event Finals.

It is your responsibility to check which finals you are in and to attend at the correct time. If your name is missing, please see Miss Williamson as soon as possible.

UPPER SCHOOL

ALL

SENIOR SPORTS DAY

Please use the form to sign up for sports day events (spread the word!)

[Senior Sports Day - June 2nd \(Field and 1500m\) June 3rd \(Track\) - Fill in form](#)

Tuesday 2nd June

P1	P2	P3	P4	P5	P6	P7
Girls LJ	Boys HJ	Boys Shot	Boys Jav	Boys Discus	1500m	
Boys HJ	Girls LJ	Girls Jav	Girls Discus	Girls Shot		

Wednesday 3rd June

First race at 12:00

Heads Down - Upcoming Student Assessments (May)

Subject	Level	Teacher	Assessment	Date
History	S2 - 2D1	Mrs Hoggan-Nisbet	Civil Rights Assessment	Thursday 21st
History	S2 - 2H1	Mrs Hoggan-Nisbet	USA Assessment	Thursday 21st

THURSDAY - CANTEEN MENU

LENTIL SOUP

MAIN MEALS

FISH, CHIPS & PEAS/ BEANS
CHICKEN SAUSAGES, CHIPS & PEAS/
BEANS
CHEESE & TOMATO OMELETTE, CHIPS
& PEAS/ BEANS
CHEESE OMELETTE, CHIPS & PEAS/
BEANS

***GLUTEN/ DAIRY FREE CHICKEN
GOUJONS AVAILABLE***

BAKED POTATOES

CHOICE OF ANY COLD FILLING
BEANS

PIZZA

CHEESE

**SANDWICHES/ROLLS (GLUTEN
FREE CHOICES AVAILABLE)**

CIABATTA ~ BAGUETTE
BAGEL ~ WRAP

COLD FILLINGS

CORONATION CHICKEN
CHICKEN MAYO
CHEESE SAVOURY
EGG MAYO
TUNA MAYO
CHEESE
ROAST CHICKEN
COLESLAW
MIXED SALAD

HOT FILLINGS

CHICKEN FAJITA
QUORN FAJITA

PASTA KING

ZINGY PEPPERS
BBQ CHICKEN TORINO
SPICY SAUSAGE

TRAYBAKES

*GLUTEN/ DAIRY FREE
CAKES AVAILABLE - SEE
COUNTER FOR CHOICES*
CHOCOLATE / PLAIN
COOKIE
CHOCOLATE BROWNIE
FLAPJACK
CHOCOLATE/ PLAIN CAKE
JAM DOUGHNUT (*NOT IN
MEALDEAL*)