



Berwickshire High School

Daily Bulletin Tuesday 26th May 2026

NOTICES FOR STAFF, STUDENTS AND PARENTS

HOUSE CHALLENGE SCORES

| | Douglas | Home | Scott |
|------------------------|------------|------------|-------------|
| PE Activity Champions | 60 | 85 | 50 |
| Chess Chums | 21 | 48 | 28 |
| Running totals: | 984 | 765 | 1026 |

STAFF DETENTION ROTA

| Period 5a (12.30 - 12.50pm) | Period 5b (1.20 - 1.40pm) | Afterschool (3.50 - 4.20pm) |
|-----------------------------|---------------------------|-----------------------------|
| Mr Watson | - | - |

S3 PREFECTS

TUESDAY

| | | | |
|-------------|----------------|----------------|-----------------|
| Mhairi Reid | Bonnie Foreman | Archie Redpath | Megan Ainsworth |
|-------------|----------------|----------------|-----------------|

| | |
|------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Fact of the week | You can stop feeling pain if you look at an injury the wrong way through binoculars (the injury looks further away, so our brain thinks it is less painful) |
| Quotation of the week | “The only true wisdom is in knowing you know nothing” Socrates |
| Word of the week | Controversial <i>adj.</i> of, relating to, or characteristic of controversy, or prolonged public dispute, debate or contention Synonyms: polemical, contentious, disputed |
| Study Tip of the week | Ask for copies of past papers and familiarise yourself with the types of questions. Stick to the past few years - older papers tend to have different formats / question types |

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - ‘RIGHT OF THE WEEK’

| | |
|------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 19 PROTECTION FROM VIOLENCE | ARTICLE 19 (protection from violence, abuse and neglect) Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them. |
|------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

GENERAL NOTICES

DEMYSTIFYING STUDY SKILLS

Dyslexia Scotland Borders is holding a free event on study skills for pupils with dyslexia in St Boswells on 2 June. [Book your free place - Dyslexia Scotland Borders - Demystifying study skills, St Boswells \(in person\) - The Buccleuch Arms, The Green, St Boswells](#)

QUALIFICATION SCOTLAND EXAMINATIONS

All students in the school must be aware of the following information during the examination period. These are very important exams for the students in the senior phase and as a school we need to ensure we give them the best opportunity to succeed. Please take note of the following information.

- Please keep the noise to a minimum in the corridors of the school, exams take place throughout the building and not just in the exam hall.
- At break and lunch exit the building as soon as possible as exams often go through break and lunchtimes.
- When outside, students should please avoid the steps outside the assembly hall (in the quad).
- Please be aware of the red examinations signs outside classrooms and workroom as exams are taking place and therefore you must be quiet around these areas.
- The area in front of the exam hall usually has barriers across indicating that exams are taking place. Under no circumstance are you allowed to go through this area.
- Please follow any instructions given by members of staff, including the visiting invigilators.

Thank you in anticipation for your cooperation.

LOWER SCHOOL

ALL

S1-S3 FIELD EVENT FINALS (w/c 25th MAY)

Please check the notice board outside the Fitness Suite for the list of qualifiers and the event timetable for the Field Event Finals.

It is your responsibility to check which finals you are in and to attend at the correct time. If your name is missing, please see Miss Williamson as soon as possible.

UPPER SCHOOL

ALL

SENIOR SPORTS DAY

Please use the form to sign up for sports day events (spread the word!)

[Senior Sports Day - June 2nd \(Field and 1500m\) June 3rd \(Track\) - Fill in form](#)

Tuesday 2nd June

| P1 | P2 | | P3 | P4 | P5 | | P6 | P7 |
|----------|----------|--|-----------|--------------|-------------|--|-------|----|
| Girls LJ | Boys HJ | | Boys Shot | Boys Jav | Boys Discus | | 1500m | |
| Boys HJ | Girls LJ | | Girls Jav | Girls Discus | Girls Shot | | | |

Wednesday 3rd June

First race at 12:00

TUESDAY - CANTEEN MENU

TOMATO SOUP

MAIN MEALS

-BEEF LASAGNE, CRUSTY BREAD &
VEG-

-CHICKEN CASSEROLE, MASH,
YORKSHIRE PUDDING & VEG

-VEGGIE LASAGNE WITH CRUSTY
BREAD & SALAD-

BAKED POTATOES

CHOICE OF ANY COLD FILLING
BEANS

PIZZA
CHEESE

**SANDWICHES/ROLLS (GLUTEN
FREE CHOICES AVAILABLE)**

CIABATTA ~ BAGUETTE
BAGEL ~ WRAP

COLD FILLINGS

CORONATION CHICKEN
SWEET CHILLI CHICKEN
CHICKEN MAYO
CHEESE SAVOURY
ROAST CHICKEN
TUNA MAYO
EGG MAYO
CHEESE
COLESLAW
MIXED SALAD

HOT FILLINGS

SWEET CHILLI CHICKEN
SWEET CHILLI QUORN

PASTA KING

BASILICO
SMOKY PEPPERONI
AMIGO MEATBALLS

TRAYBAKES

*GLUTEN/ DAIRY FREE
CAKES AVAILABLE - SEE
COUNTER FOR CHOICES*
FLAPJACK
BLUEBERRY MUFFINS
FRUIT SCONE
SHORTBREAD
CHOCOLATE/ PLAIN
MUFFINS
JAM DOUGHNUT (*NOT IN
MEALDEAL*)