



Weekly Heads Up!

Monday 15th June 2026

Week two of the new school timetable was so busy we're late with our Heads Up!

Tuesday night saw our annual SPOTY Awards ceremony take place with a solid audience attendance and much festivity. Thank you to the PE department for all their hard work in putting the evening together.

Over Wednesday and Thursday, we had 131 new S1 students join us for their transition days and, on Wednesday night, we welcomed new S1 parents for our information evening.

Then, on Friday, we donned our glad rags for the S6 Prom at Marshall Meadows. S6 had done a fabulous job in organising the evening and, as I left, were dancing the night away.

Throughout the week, we interviewed for our guidance vacancy (owing to Mrs Kennedy's promotion) and I'm pleased to announce the appointment of two Heads of Year in Miss Abbie Gibson and Mr William Hudson. Miss Gibson previously worked in our PE department before working in Dubai and Eyemouth, and Mr Hudson joins us from Madrid as his family settles into the Borders. We're looking forward to them joining us after the summer holidays.

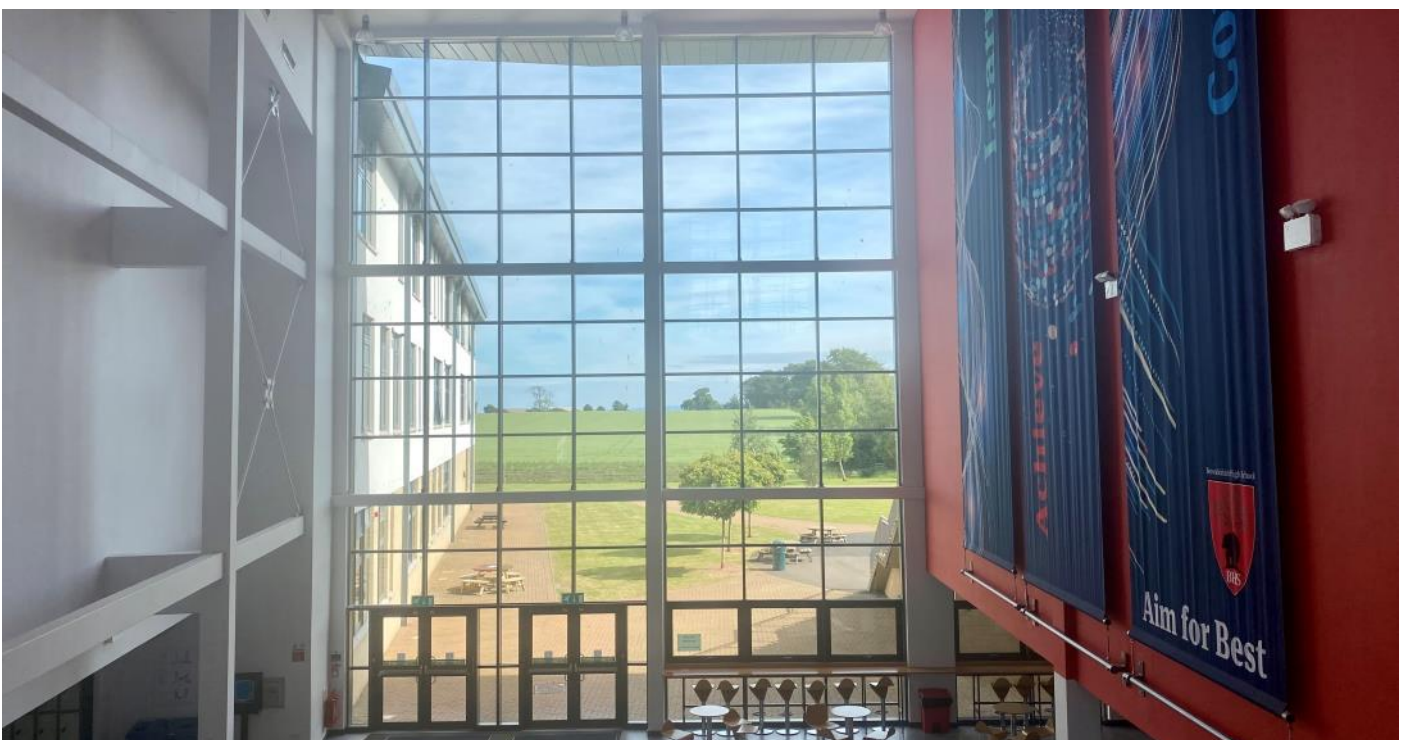
This week, we have our school show running Wednesday to Saturday which we'd love to see you at; the poster is included in the Heads Up.

Looking ahead, the Junior School Awards Ceremony will take place on Monday 29th June. Invitations will be making their way to award winners soon.

My Headteacher CRESS Awards this week are going to: Lucie Patterson, Jokubas Sakalauskas, Toby Neillans and Liam Reid, all of whom are kind polite and positive. These can be picked up from the office.

And, finally, Parent Council takes place on Wednesday evening at 6pm and is open to all parents.

Mrs E Dickson
Headteacher



Berwickshire Sports Personality of the Year Awards 2026

The Berwickshire Sports Personality of the Year Awards took place on Tuesday 10th June, with more than 200 guests in attendance. The evening was a wonderful celebration of sporting achievements, bringing together pupils, families, staff and members of the wider school community.



We would like to extend our sincere thanks to all of our guests, pupils and families who joined us to recognise and celebrate the outstanding sporting successes of our young people throughout the year.

The event was expertly hosted by the PE department, who delivered an enjoyable and memorable evening that highlighted the dedication, talent and commitment shown by our pupils across a wide range of sports.

Thank you to Louis Henry who piped our award winners in, Cullen McIntosh who managed the technology, Bearista who supplied our drinks for the evening and our presenters Shaun Renton, Amelia Bloszko and Andrew Brydon for presenting the evening.

Congratulations to Andrew Brydon, who was named Sports Personality of the Year 2026. This prestigious award recognises exceptional sporting achievement, commitment, and contributions, and is a fitting acknowledgement of Andrew's success.

Well done to all award winners and nominees.

Personality Girls Football - Emmie Brown
Personality Boys Football - Riley Simpson
Personality of Badminton - Jnr Maddie Kitchen & Snr Harrison Roberts
Personality of Trampolining - Robyn Clark
Personality of Dance - Lily-Rose Joyce
Personality of Netball - Jnr Macey Finnie & Snr Mirren Lauder
Personality of Hockey - Jnr Josie Hope & Snr Carys Snowball
Personality of Fitness - Mattie Jones
Personality of Rugby - Girl Olivia Lampert & Boy Clark Thomson

Active Schools Award - Amelia Bloszko
Referee of the Year - Helena Richards
Volunteer of the Year - Fiona Lawson
Coach of the Year - Chloe Hood
Team of the Year - Girls Rugby
Equality, Diversity & Inclusion Award - Dawson Hunter
Young Ambassador Award - Shaun Renton & Amy Reid



Berwickshire Sports Personality of the Year Awards 2026

Sports Day Winners-

S1 Girls Runner Up	Katy Bramall
S1 Girls Winner	Daisy Dunn
S1 Boys Runner Up	Cameron White
S1 Boys Winner	Max Murphy
S2 Girls Runner Up	Emmie Brown
S2 Girls Winner	Merrin Doggett
S2 Boys Runner Up	Harry Campbell
S2 Boys Winner	Tommee Ryder
S3 Girls Runner Up	Lily-Rose Joyce
S3 Girls Winner	Maddie Kitchen
S3 Boys Runner Up	Hayden Brydon
S3 Boys Winner	Finlay Lowans
Senior Girls Runner Up	Naomi Cullen
Senior Girls Winner	Lucy Romanis
Senior Boys Runner Up	James Megson
Senior Boys Winner	Jacob Knighton

Alistair Christie Cup - Amelia Lake

Future Starts - Phoebe Jacobs, Olivia Johnson, Bode Patterson, Archie Millar, Elliot Scott, Jonathan Nixon, Stuart Keirs, Riki Pitman, Emmie Brown & Hayden Brydon

Outstanding Contribution - Jodi Williamson

Sports Personality of the Year Finalist - Liam Joyce & Amelia Lake

Thank you to everyone who helped make the evening such a tremendous success, specifically Make It Pop who supplied our decorations and Farne Scotland our sponsor for the evening.

We are very proud of all of our sporting superstars here at Berwickshire High School!



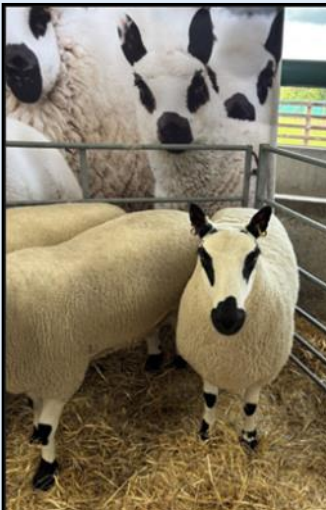
Scotsheep 2026

On Wednesday our National 5, Higher and Advanced Higher Geographers were kindly hosted by the Royal Highland Education Trust at Scotsheep 2026 at Wedderlie Farm.



We began the day by having a tour and learning about the different sheep breeds that were on show - around 40! We also learnt more new technology being used in farming, dressing sheep, how to make best use of lamb meat and we even got to stock judge the best sheep on show! Some students were even lucky enough to meet content creator "The Sheep Game".

Our thanks go to RHET for organising such a great day for our geography students. Mr Meadows



S6 CV Workshops

This week, S6 students took part in CV workshops to help prepare them for life beyond school.

We were pleased to welcome Neil and Stacey from Redpath Tyres, along with Jo, our Careers Adviser, who spoke to students about the importance of CVs, what employers look for and how AI can be used appropriately when creating a CV.

Students have now been tasked with producing an up-to-date CV in preparation for their Mock Interviews in September.

Thank you to Neil, Stacey and Jo for sharing their expertise and supporting our students with this important aspect of their career preparation. Lucy Owenson, DYW Coordinator



Dynamic Youth Award

What began with the S2 RHET day at the Hirsle Estate, where students were first introduced to fly casting, has grown into an incredible fly-fishing journey.

With support from St Boswells, Newtown & District Angling Association, Kelso Angling Association, Whiteadder Angling Association and TweedStart volunteer coaches, students took part in a TweedStart introduction day at The Watch Fishery before progressing to a four-week Dynamic Youth Award programme.

Building on their initial experience, Harris, Daniel, Oliver, Ezra and Renato fully embraced the programme, combining practical learning, skill development and a deeper understanding of the River Tweed and its environment.

The programme concluded with a fantastic day at Chatton Fishery, where every student – and even Miss Grant! – landed a fish on the fly, no small achievement given how challenging fly-fishing can be. However, the catch of the day belonged to Renato, who landed an impressive rainbow trout weighing almost 4lb.

Throughout the programme, all of the students were an absolute credit to themselves and the school, demonstrating exemplary behaviour, enthusiasm and a wonderful attitude at every stage.

Finally, a special thanks goes to Ben McCallum, Education and Engagement Officer at The Tweed Foundation. Without his tireless efforts and support, none of this would have been possible.

Tight lines! Miss Grant



Heads Down - Upcoming Student Assessments (June)

Subject	Level	Teacher	Assessment	Date
Maths	N5	Mrs Kenneally	Progress Assessment 7	Thursday 18th
Maths	N5 Apps	Mrs Dalton	Progress Assessment 4	Tuesday 23rd

Aim for Best: Learn • Achieve • Contribute

Admiral Ramsay Museum Visit

Higher and Advanced Higher History students enjoyed a memorable visit to the Admiral Ramsay Museum today, hosted by Will Ramsay.

The group had a guided tour of the museum and learned about Admiral Ramsay's remarkable life, with a particular focus on his outstanding leadership during the Dunkirk evacuation and the D-Day landings.

The group were also joined by Derek Balmbro, Deputy Lord Lieutenant and a valued friend of the school, who spoke about the qualities of effective leadership and shared inspiring reflections. Students contributed their own family stories, recounting the experiences of relatives who served during the Second World War, making the visit both educational and deeply personal.

Miss Grant



THE UN CONVENTION ON THE RIGHTS OF THE CHILD 'RIGHT OF THE WEEK'



ARTICLE 31 (leisure, play and culture)

Every child has the right to relax, play and take part in a wide range of cultural and artistic activities.

Aim for Best: Learn • Achieve • Contribute



Sporting Superstar

Noah Higginbottom



Noah is a sporting superstar.

Noah and his team, Berwick Rangers Junior U15 attended the Haddington Cup going through the group stages undefeated.

They then faced Tynecastle in the final and secured a 3-1 victory, Noah scoring one of the goals in the final match.

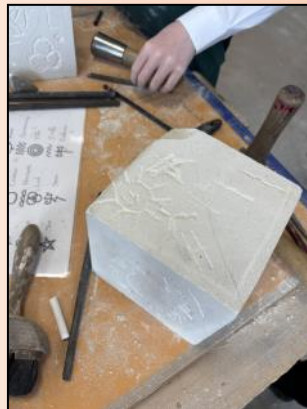
Well done Noah!

Committed, Respectful, Enthusiastic, Supportive & Safe

Construction Skills

This week, a group of S3 students took part in a Construction Skills Taster Day as part of the school's Developing the Young Workforce programme.

Students enjoyed hands-on experiences in stone carving, joinery and drone operation, giving them an insight into the wide range of opportunities within the construction industry.



Many thanks to Dave, Gregor and Natasha for giving up their time to provide this valuable and engaging experience for our young people. Lucy Owenson, DYW Coordinator

Aim for Best: Learn • Achieve • Contribute

Enhanced Provision News

On Thursday 4th June, parents, extended family members and friends of students in the Enhanced Provision were invited to attend an Open Morning. It was lovely to welcome everyone into school and to share some of the many successes and achievements of our students. The event began with refreshments in Chestnut Class, giving visitors the opportunity to chat with students and catch up with one another.

Students then led a guided tour of the school, where display boards in various departments showcased some of the fantastic work and achievements from across the year.

The morning concluded with a slideshow highlighting the Duke of Edinburgh Expedition, followed by a certificate presentation for the students who took part, celebrating their hard work and success.



**TOURETTE
SCOTLAND**
SUPPORTING
WHAT MAKES US TIC



S5/S6 Assembly - Tourette's Awareness

Last week S5 and S6 students were privileged to welcome Paul Stevenson in school to speak about his lived experience with Tourette's.

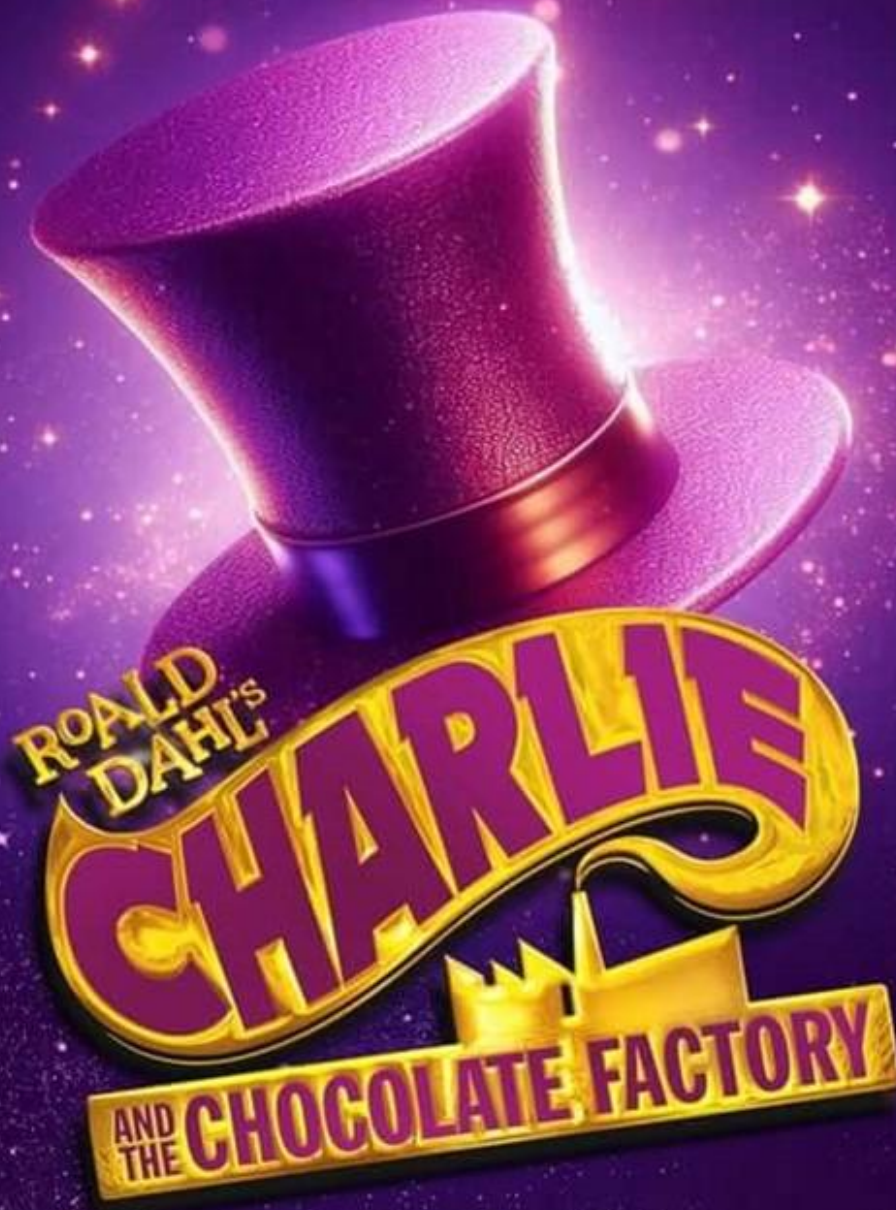
To help raise funds and awareness of Tourette's, we will be selling teal shoelaces next week for £2 as part of Tourette's Scotland Awareness Month campaign.

The shoelaces are for out of school / PE trainers only. Special thanks to the Berwick Literary Festival for their help in organising the talk.

Mrs Huffman



THE BERWICKSHIRE HIGH SCHOOL PRESENTS...



MUSIC BY
MARC SHAIMAN

LYRICS BY
SCOTT WITTMAN
MARC SHAIMAN

BOOK BY
DAVID GREIG

SONGS FROM THE ORIGINAL MOTION PICTURE BY
LESLIE BRICUSSE AND ANTHONY NEWLEY

WED 17TH TO SAT 20TH JUNE

TICKETS ON SALE SOON!

Aim for Best: Learn • Achieve • Contribute



DANCE SHOWCASE

Berwickshire High's First Dance Show



Monday 22nd June

Doors Open: 6.30pm Show Starts 7pm



The evening includes a diverse range of dance styles, including jazz, lyrical, tap, ballet, contemporary & modern, reflecting the breadth of talent within our school community.

**Tickets available via ParentPay.
Adult £5 Children Free**



Any questions please come & see
Miss Fellenger or Miss Dunn in PE.

Aim for Best: Learn • Achieve • Contribute



Parent Council



In line with the timetable change and the children moving year groups on Monday, the parent council representatives have also been updated. Please feel free to contact them or myself with any questions you may have using the parent council email address which is:

parentcouncilberwickshirehs@gmail.com

Our next parent council meeting is on **17th June at 6.00pm**, we would love to see you there if you are able.

Parent Representatives



Chair - Sally Kitchen



S1 - Marianne Hodge



S2 - Sandra Dewar



S3 - Kirsty Binnie



S4 - Jude Reid



S5 - Jo Mabon



S6 - Clare Stewart

School Uniform

As we approach the end of term, we know that many families will be looking to replace school uniform items in preparation for the new session. We would therefore like to remind families of our school uniform expectations.

Footwear should be black shoes or fully black trainers. Trainers such as Converse with white soles or white laces do not meet our uniform requirements; however, fully black versions are acceptable.



Our school uniform consists of:

- Black trousers (not jeans or leggings)
- Black skirt or tailored shorts (not jersey or denim; no tracksuit bottoms)
- White collared shirt
- School tie (replacement ties can be purchased from the school office)
- Black jumper or ¼ zip BHS top, available from Border Embroideries
- Black socks (unless worn underneath school trousers)

We recognise that, for some students, wearing a standard school uniform can cause distress due to sensory needs. We are pleased to note that ASDA now offers a range of sensory-friendly schoolwear, which some families may find helpful.

We would also like to make a particular appeal to the parents and carers of our returning senior students. Our senior pupils are important role models within the school community, and we would like their uniform to set the standard that younger students can aspire to from the very first day of the new timetable.

We have a selection of uniform items available within school should support be required. We understand that purchasing school uniform can be expensive, and we are committed to supporting families wherever possible. If you require assistance, please do not hesitate to contact the school in confidence.

Thank you for your support in maintaining our high standards and helping to create a positive learning environment for all.

Mrs Kennedy

**The Parent Council
Needs Your Help!**

Please Hand In Your
**USED SCHOOL
UNIFORMS**

Shirts, skirts, jumpers, ties, jackets, sports wear

We are accepting donations of gently used school uniforms. All donated items will help support other families in need.

All sizes needed!

Please drop off any unwanted uniforms at the school office. Thank you for your support!

Fit For Girls Ambassadors (S2-S4 only)

Applications are now open for the 2026/27 'Fit for Girls Ambassador' Programme at Berwickshire High School!

This is your chance to get involved in something meaningful. The programme is designed for new S2-S4 pupils who are passionate about **supporting and encouraging girls to take part in sport and physical activity**. As an ambassador, you'll help shape fun, inclusive, and inspiring opportunities for girls and young women in your school and wider community - while building your own confidence, leadership, and teamwork skills along the way.

Interested? Here's how to apply:

For more information or a registration form, contact **Active Schools Coordinator, Rebekah Herbert:**

Email Rebekah.Herbert@scotborders.gov.uk OR pop into the PE office

Deadline: Friday 12 June - don't miss it!

Important:

There are only **FOUR places available** on the programme. If we receive lots of applications, shortlisted pupils will be invited to an interview to select the final ambassadors.



**FIT FOR GIRLS
AMBASSADORS**
2026/27

fit for girls

ROLE INCLUDES:

- Increasing girls' engagement & enjoyment in PE, sport & physical activity
- Representing the voices of girls in your school, helping ensure their views & interests are heard
- Acting as a role model & positive influence for peers in promoting participation & wellbeing

WHO IS IT FOR?

- Empowering S1-6 girls who want to take the lead in shaping inclusive, enjoyable & meaningful physical activity experiences for girls & young women in their school & communities

The poster features a large blue speech bubble containing the title. Below the title is a circular inset image of a girl in a blue t-shirt with '#fitforgirls' on the back, standing on a green mat in a gymnasium. The background is dark blue with white circles and a dotted pattern at the bottom right.

Aim for Best: Learn • Achieve • Contribute

Young Leader Academy (S5 only)

Applications are now open for the 2026/27 Active Schools 'Young Leader Academy' at Berwickshire High School!

This exciting year-long programme is designed for new S5 pupils who want to build confidence, develop leadership skills, and gain real experience as sports coaches - skills that will benefit you now *and* in the future. Whether you're passionate about sport, leadership, or just looking for something new to challenge yourself, this is your chance to stand out and make an impact in your school community.

Want to get involved?

For more info or to get a registration form, contact Active Schools Coordinator, Rebekah Herbert:

Email Rebekah.Herbert@scotborders.gov.uk OR pop into the PE office

Deadline: Friday 12 June - don't miss it!

Important:

There are only **TWO places available** on the programme. If lots of people apply, shortlisted candidates will be invited to an interview to decide the final two.

YOUNG LEADER ACADEMY

2026/27



PROGRAMME INCLUDES:

- Upskilling in a number of qualifications, certificates & training courses*
- Actively assisting & delivering sport & physical activity in schools, clubs & performance sport
- Committing to 50 hours of volunteering over the school year

WHO IS IT FOR?

- Aspiring S5 pupils looking for a future career in PE teaching, coaching or Sports Development
- Those with a real passion and desire to coach a particular sport & who want to make a real difference in their school & community

* There is a small cost associated with this programme to help towards these costs



Aim for Best: Learn • Achieve • Contribute



Duns Cluster P4 – S6 Lawn Bowls



Lawn bowls taster sessions are coming to Duns Park Bowling Club for pupils in P4-S6 across the Duns cluster. A fun and friendly chance to try something new - no experience needed!



 Friday 5th - 19th June (3 weeks)

 1.30pm - 2.30pm

 Duns Park Bowling Club



<https://form.jotform.com/213112706626347>