



Berwickshire High School

Daily Bulletin Wednesday 26th August 2026

NOTICES FOR STAFF, STUDENTS AND PARENTS

HOUSE CHALLENGE SCORES

	Douglas	Home	Scott
PE Activity Champions	60	85	50
Chess Chums	21	48	28
Running totals:	984	765	1026

Fact of the week	The most successful pirate in recorded history was a Chinese woman named Ching Shih, who commanded a massive fleet of hundreds of ships and tens of thousands of sailors.
Quotation of the week	"Go as far as you can see; when you get there, you'll be able to see further" Thomas Carlyle
Word of the week	Zenith: the highest point of something
Study Tip of the week	When revising, don't always go topic-by-topic; try jumping between topics to exploit 'interleaving'.

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - 'RIGHT OF THE WEEK'

	ARTICLE 41 (respect for higher standards) If a country has laws and standards that go further than the present Convention, then the country must keep these laws.
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GENERAL NOTICES

SCHOOL NURSE DROP IN

The school nurse drop in will commence **Tuesday 1st September**. The Chathealth phone number is 07507 330509 (for confidential support and health and wellbeing advice from your school nurse).

S1 - 3	12:45 - 13:15
S4 - 6	13:15 - 13:45

S3 & SENIOR NETBALL MEETING

All students who are part of the **S3 or Senior netball** team (or are thinking about joining) please go to the PE classroom on Wednesday - 26th August - for a meeting with Miss Dunn (it will only be 5 minutes!).

FITNESS SUITE - LUNCH & AFTER-SCHOOL USE

The Fitness Suite is now available for student use during lunch and after school.

Lunchtime

- Junior Lunch: Open to all S2 and S3 students.
- Senior Lunch: Open to all S4-S6 students.

After School

The Fitness Suite is available after school until **4:30pm** for students who are **16 years old or over**. Please make sure you follow all Fitness Suite rules and use the equipment safely and responsibly.
Mr Chalmers

RUGBY OFFICIATING COURSE

If any of the following students have signed up for the Scottish Rugby Match Officiating course, please come and see **Mr Chalmers in the PE Office** as soon as possible.

Angus Ritchie	Joe Davies	Cameron Robertson	Roan Calvert
William Stewart	Orin Butler	Stuart Keirs	Beau Hammond

CAREERS APPOINTMENTS

The following students are to report to the Careers Advisor's office in the Library at the date/time shown for a careers appointment.

Wednesday 26th August			
Time	Name	Time	Name
09:00	TJ Rumble	09:50	Luis Palmero-Inglesias
10:50	Travis Drennan	11:40	Ben Scott-Ross
12:30	Mateus Gomes Ferramenta	14:10	Daisy Sim

NHS VIRTUAL WORK EXPERIENCE (S3/4/5/6)

Interested in working in healthcare? This will look great on your CV!!

Please see attached flyer for details of this year's **NHS Virtual Work Experience**, suitable for students in S3-S6.

This will be held in school from **Monday 14th to Friday 18th September, Periods 1-4.**

This is a great opportunity to learn about careers in the NHS from people who work there. Most of the sessions will be online but there will also be in-person visits from professionals who work in healthcare.

If you would like to take part, please give your name to Lucy (DYW) or Mr Gracey either in person or via email by **Friday 4th September.**



NHS Borders

Health & Social Care Virtual Work Placement
Monday 14th - Friday 18th September

Join our work placement and power up your career path into health and social care

- + Discover the huge range of services, job roles and opportunities available in the sector
- + Learn about the employability skills and core values important to employers

Our Health & Social Care Virtual Work Placement programme takes place online and in person in school.

Whether you already know which job you would like or are simply interested in working with people, this course will help you better understand how you could find a fulfilling role in health and social care.

You will hear from professionals, have a go at some practical tasks and work both independently and as part of a team, to create a presentation for the final day.

Open to all S3-S6 - email lowenson@dywborders.co.uk if interested

DYW | **BORDERS** Developing the Young Workforce | **Scottish Borders COUNCIL**

LOWER SCHOOL

ALL

HOME ECONOMICS - FOR W/C MONDAY 24th OF AUGUST

YEAR GROUP	COOKING	TUB
S1	Fruit Salad	Yes
S2	Mini Carrot Cake	Yes
S3 Health and Food	Spicy Tacos Chicken Burritos	Yes

ALL

JUNIOR HOCKEY

S1: Hockey match on Friday (28th) away at Eyemouth. Any S1 pupils interested in playing should come along to PE at break or lunchtime to sign up.

S2 & S3: Hockey match on Friday (28th) away at Eyemouth. Players must reply to the message on the team page to confirm their availability for the fixture. Any new players who are keen to play in future matches are always welcome and should come down to PE at break or lunch to discuss this.

S1

FOCUS GROUPS - FRIDAY 28th AUGUST

The following students are to attend a focus group with Mrs Kennedy (Depute). Please register with your Period 2 class teacher first and bring your charged iPad. Please check back in the Bulletin throughout the week to confirm the location.

FRIDAY 28 th AUGUST		
PERIOD 2		
Beatrice Adams	Zak Henry Anderson - Napier	Flo Beal
James Aitchison	James Armstrong	Jasmine Beteagu
Zac Aitchison	Abigail Barrowman	Kodi Blake
Poppy Anderson	Georgie Baxter	Safina Blumite
Tilly Anderson	Sophie Baxter	Yevdokiia Boiko
		Alex Brown

S3

iPAD REFRESH

S3 iPads are being refreshed on Friday 28th August. Please can all students ensure they bring with them on the day:

- A fully charged iPad
- iPad case
- iPad power adaptor and cable

Please can students also ensure they are aware of their passwords and usernames for their RM logon and Glow as well as their Apple ID information. These can be changed on the day if absolutely necessary, but it would be preferable if students could have them to hand.

Students should also ensure their iPad has been backed up in advance of the refresh by going to Settings > Your Name > iCloud > iCloud backup > Back up now

Files for Procreate and Book Creator will require to be backed up individually.

On Friday 28th, please could students make their way to the library at the beginning of the period. Students are to quietly line up in their reg groups (alphabetical order) at the door next to the Conference Room.

PERIOD	TIME	CLASS
1	08:55 - 09:40	3D1
2	09:40 - 10:30	3H1
3	10:50 - 11:40	3S1
4	11:40 - 12:30	3S2
5	12:30 - 13:20	Mop up

S3

3S1 & 3S2 - THURSDAY CORE PE

A reminder to all girls in 3S1 and 3S2: we will be down at the tennis courts during Period 4, over lunch, until Period 5B.

You will need to either:

- Order a Grab & Go.
- Bring lunch with you.
- Plan to go into town for lunch.

IF ORDERING A GRAB & GO:

1. It needs to be ordered in the morning.
2. Please choose **cold food only** (rolls, wraps, paninis, etc.).
3. It **MUST** be collected at break time and brought to PE with you.
4. Please make sure you put your **full name** and **"Tennis - collect at break"** on the bag.

UPPER SCHOOL

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| ALL | <p>SENIOR HOCKEY
Hockey match on Friday (28th) away at Eyemouth. Players must reply to the message on the team page to confirm their availability for the fixture. Any new players who are keen to play in future matches are always welcome and should come down to PE at break or lunch to discuss this.</p> |
| ALL | <p>NETBALL COACHING & UMPIRING QUALIFICATION OPPORTUNITY
Any senior pupils interested in gaining a basic coaching or umpiring qualification in netball should give their name to Rebekah Herbert or Miss Dunn by Friday 28th August. Alternatively, email rebekah.herbert@scotborders.gov.uk. Thanks, Rebekah Herbert (Active Schools Coordinator).</p> |
| ALL | <p>POLITICS AND LAW TRIP TO LONDON
All senior students who are going on the trip to London in September must attend a meeting in Dr Koita's room at lunchtime on Thursday 27 August. This is to ensure that you all receive vital information about the trip. Bring your lunch to the classroom.</p> |

WEDNESDAY - CANTEEN MENU

VEGETABLE SOUP <u>MAIN MEALS</u> CHICKEN TIKKA WITH RICE & CHAPATI BREAD SATAY STYLE CHICKEN CURRY, RICE & CHAPATI QUORN KORMA WITH RICE & CHAPATI BREAD -MIXED SALAD AVAILABLE AS SIDE- <u>BAKED POTATOES</u> CHOICE OF ANY COLD FILLING BEANS <u>PIZZA</u> CHEESE	<u>SANDWICHES/ROLLS (GLUTEN FREE CHOICES AVAILABLE)</u> CIABATTA ~ BAGUETTE BAGEL ~ WRAP <u>COLD FILLINGS</u> CHICKEN MAYO CORONATION CHICKEN COLESLAW ROAST CHICKEN CHEESE CHEESE SAVOURY TUNA MAYO EGG MAYO <u>HOT FILLINGS</u> CHICKEN FRIES VEGETABLE BURGERS	<u>HOTDOGS</u> <u>PASTA KING</u> POMODORO FIRECRACKER CHICKEN <u>TRAYBAKES</u> GLUTEN/ DAIRY FREE CAKES AVAILABLE - SEE COUNTER FOR CHOICES FLAPJACK CUSTARD CREAM GYPSIE CREAM BLUEBERRY MUFFIN CHOCOLATE/ PLAIN CAKE JAM DOUGHNUTS
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