



Berwickshire High School

Daily Bulletin Thursday 27th August 2026

NOTICES FOR STAFF, STUDENTS AND PARENTS

HOUSE CHALLENGE SCORES

	Douglas	Home	Scott
PE Activity Champions	60	85	50
Chess Chums	21	48	28
Running totals:	984	765	1026

STAFF DETENTION ROTA

Period 5a (12.30 - 12.50pm)	Period 5b (1.20 - 1.40pm)	Afterschool (3.50 - 4.20pm)
Miss Gibson	Mrs Kennedy	-

Fact of the week

The most successful pirate in recorded history was a Chinese woman named Ching Shih, who commanded a massive fleet of hundreds of ships and tens of thousands of sailors.

Quotation of the week

"Go as far as you can see; when you get there, you'll be able to see further" Thomas Carlyle

Word of the week

Zenith: the highest point of something

Study Tip of the week

When revising, don't always go topic-by-topic; try jumping between topics to exploit 'interleaving'.

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - 'RIGHT OF THE WEEK'



ARTICLE 41 (respect for higher standards)

If a country has laws and standards that go further than the present Convention, then the country must keep these laws.

GENERAL NOTICES

SCHOOL NURSE DROP IN

The school nurse drop in will commence **Tuesday 1st September**. The Chathealth phone number is 07507 330509 (for confidential support and health and wellbeing advice from your school nurse).

S1 - 3	12:45 - 13:15
S4 - 6	13:15 - 13:45

FITNESS SUITE - LUNCH & AFTER-SCHOOL USE

The Fitness Suite is now available for student use during lunch and after school.

Lunchtime

- **Junior Lunch:** Open to all S2 and S3 students.
- **Senior Lunch:** Open to all S4-S6 students.

After School

The Fitness Suite is available after school until **4:30pm** for students who are **16 years old or over**. Please make sure you follow all Fitness Suite rules and use the equipment safely and responsibly.
Mr Chalmers

RUGBY OFFICIATING COURSE

If any of the following students have signed up for the Scottish Rugby Match Officiating course, please come and see **Mr Chalmers in the PE Office** as soon as possible.

Angus Ritchie	Joe Davies	Cameron Robertson	Roan Calvert
William Stewart	Orin Butler	Stuart Keirs	Beau Hammond

CAREERS APPOINTMENTS

The following students are to report to the Careers Advisor's office in the Library at the date/time shown for a careers appointment.

Thursday 27th August			
Time	Name	Time	Name
09:10	Frankie Rowlands	09:50	Kiera Crouch
10:50	Amy-Lee Porter	12:30	Luis Palmero-Iglesias
14:05	Mitchell Ovili		

NHS VIRTUAL WORK EXPERIENCE (S3/4/5/6)

Interested in working in healthcare? This will look great on your CV!!

Please see attached flyer for details of this year's **NHS Virtual Work Experience**, suitable for students in S3-S6.

This will be held in school from **Monday 14th to Friday 18th September, Periods 1-4.**

This is a great opportunity to learn about careers in the NHS from people who work there. Most of the sessions will be online but there will also be in-person visits from professionals who work in healthcare.

If you would like to take part, please give your name to Lucy (DYW) or Mr Gracey either in person or via email by **Friday 4th September.**



NHS Borders
Health & Social Care Virtual Work Placement
Monday 14th - Friday 18th September

Join our work placement and power up your career path into health and social care

- + Discover the huge range of services, job roles and opportunities available in the sector
- + Learn about the employability skills and core values important to employers

Our Health & Social Care Virtual Work Placement programme takes place online and in person in school.

Whether you already know which job you would like or are simply interested in working with people, this course will help you better understand how you could find a fulfilling role in health and social care.

You will hear from professionals, have a go at some practical tasks and work both independently and as part of a team, to create a presentation for the final day.

Open to all S3-S6 - email lowenson@dywborders.co.uk if interested

DYW | **BORDERS** Developing the Young Workforce | **Scottish Borders COUNCIL**

LOWER SCHOOL

ALL

HOME ECONOMICS - FOR W/C MONDAY 24th AUGUST

YEAR GROUP	COOKING	TUB
S1	Fruit Salad	Yes
S2	Mini Carrot Cake	Yes
S3 Health and Food	Spicy Tacos Chicken Burritos	Yes

ALL

JUNIOR HOCKEY

S1: Hockey match on Friday (28th) away at Eyemouth. Any S1 pupils interested in playing should come along to PE at break or lunchtime to sign up.

S2 & S3: Hockey match on Friday (28th) away at Eyemouth. Players must reply to the message on the team page to confirm their availability for the fixture. Any new players who are keen to play in future matches are always welcome and should come down to PE at break or lunch to discuss this.

S1

FOCUS GROUPS - FRIDAY 28th AUGUST

The following students are to attend a focus group with Mrs Kennedy (Depute). Please register with your Period 2 class teacher first and bring your charged iPad. Please check back in the Bulletin throughout the week to confirm the location.

FRIDAY 28 th AUGUST		
PERIOD 2		
Beatrice Adams	Zak Henry Anderson - Napier	Flo Beal
James Aitchison	James Armstrong	Jasmine Beteagu
Zac Aitchison	Abigail Barrowman	Kodi Blake
Poppy Anderson	Georgie Baxter	Safina Blumite
Tilly Anderson	Sophie Baxter	Yevdokiia Boiko
		Alex Brown

S3

iPAD REFRESH

S3 iPads are being refreshed on Friday 28th August. Please can all students ensure they bring with them on the day:

- A fully charged iPad
- iPad case
- iPad power adaptor and cable

Please can students also ensure they are aware of their passwords and usernames for their RM logon and Glow as well as their Apple ID information. These can be changed on the day if absolutely necessary, but it would be preferable if students could have them to hand.

Students should also ensure their iPad has been backed up in advance of the refresh by going to Settings > Your Name > iCloud > iCloud backup > Back up now

Files for Procreate and Book Creator will require to be backed up individually.

On Friday 28th, please could students make their way to the library at the beginning of the period. Students are to quietly line up in their reg groups (alphabetical order) at the door next to the Conference Room.

PERIOD	TIME	CLASS
1	08:55 - 09:40	3D1
2	09:40 - 10:30	3H1
3	10:50 - 11:40	3S1
4	11:40 - 12:30	3S2
5	12:30 - 13:20	Mop up

S3

3S1 & 3S2 - THURSDAY CORE PE

A reminder to all girls in 3S1 and 3S2: we will be down at the tennis courts during Period 4, over lunch, until Period 5B.

You will need to either:

- Order a Grab & Go.
- Bring lunch with you.
- Plan to go into town for lunch.

IF ORDERING A GRAB & GO:

1. It needs to be ordered in the morning.
2. Please choose **cold food only** (rolls, wraps, paninis, etc.).
3. It **MUST** be collected at break time and brought to PE with you.
4. Please make sure you put your **full name** and **"Tennis - collect at break"** on the bag.

ALL	INSTRUMENTAL LESSONS Our visiting instrumental teachers are able to take on some new students in the next few weeks. Lessons are potentially available on the following instruments: Drum kit & percussion Guitar Violin Brass (trumpet, trombone, tuba) Woodwind (clarinet, flute, saxophone) If you would like to take up the offer of lessons (free of charge), please speak to Mr Mabon before the end of the day on Monday.
S1/2	 S1 & S2 SCHOOL OF RUGBY We are making a small change to the S1 and S2 School of Sport period. All pupils who currently attend Rugby after school for Duns RFC, Berwickshire High School or another rugby club will be placed into the School of Rugby group: • S2: Monday, Period 5B • S1: Tuesday, Period 5B If any boys or girls are interested in joining the School of Rugby group instead of Creative/Aesthetic, Health & Fitness, Invasion Games or Net Sports, please speak to Mr Chalmers at the beginning of the lesson next week.  Mr Chalmers
ALL	JUNIOR MUSICAL THEATRE CLUB - MONDAYS! If you like singing (and maybe acting and dancing too!), come along to our Musical Theatre club - 12.40pm to 1.10pm in Music 1 every Monday from next week. We'll be working on songs to perform at concerts in October and at Christmas! (Get a Grab'n'Go so that you have time to eat your lunch).
ALL	DUNS WINDYPOPS If you play a woodwind or brass instrument, come along from 4pm to 5pm every Wednesday, starting, next week, to play with the school band - the "Duns WindyPops". More information from Mr Mabon.
S1/2	 HOUSE BASKETBALL COMPETITION! The Senior NPA Sports & Fitness class are running a house basketball competition for S1 and 2S1 pupils. The competition will take place on Monday the 28th of September/ junior lunch/period. 5A If you would like to participate, give your name to the registration teacher. Games will be 5-a side. Squads of 6 players. The senior students will create the teams. Come and have fun and represent your House and earn house points. More information will follow nearer the time. This is for S1 and the 2S1 class.

UPPER SCHOOL	
ALL	SENIOR HOCKEY Hockey match on Friday (28th) away at Eyemouth. Players must reply to the message on the team page to confirm their availability for the fixture. Any new players who are keen to play in future matches are always welcome and should come down to PE at break or lunch to discuss this.

ALL	NETBALL COACHING & UMPIRING QUALIFICATION OPPORTUNITY Any senior pupils interested in gaining a basic coaching or umpiring qualification in netball should give their name to Rebekah Herbert or Miss Dunn by Friday 28th August. Alternatively, email rebekah.herbert@scotborders.gov.uk. Thanks, Rebekah Herbert (Active Schools Coordinator).
ALL	POLITICS AND LAW TRIP TO LONDON All senior students who are going on the trip to London in September must attend a meeting in Dr Koita's room at lunchtime on Thursday 27 August. This is to ensure that you all receive vital information about the trip. Bring your lunch to the classroom.



Heads Down - Upcoming Student Assessments (September)

Subject	Level	Teacher	Assessment	Date
Biology	N5 (short)	Mr Watson	Unit 2, Key Areas 1-4	Tuesday 1st

THURSDAY - CANTEEN MENU

LENTIL SOUP

MAIN MEALS

FISH, CHIPS & PEAS

BBQ PULLED PORK WRAP, CHIPS & PEAS

CHEESE OMELETTE, CHIPS & PEAS

GLUTEN/DAIRY FREE CHICKEN, CHIPS & PEAS

BAKED POTATOES

CHOICE OF ANY COLD FILLING
BEANS

PIZZA

CHEESE

SANDWICHES/ROLLS (GLUTEN FREE CHOICES AVAILABLE)

CIABATTA ~ BAGUETTE

BAGEL ~ WRAP

COLD FILLINGS

CHICKEN MAYO

SLICED CHICKEN

CORONATION CHICKEN

CHEESE SAVOURY

TUNA MAYO

EGG MAYO

CHEESE

COLESLAW

-SALAD AVAILABLE-

HOT FILLINGS

KATSU CHICKEN

KATSU QUORN

PASTA KING

ZINGY PEPPERS

SPICY SAUSAGE

BBQ CHICKEN TORINO

TRAYBAKES

*GLUTEN/ DAIRY FREE
CAKES AVAILABLE - SEE
COUNTER FOR CHOICES*

CHOCOLATE/ PLAIN CAKE

CHOCOLATE/ PLAIN

COOKIE

BLUEBERRY MUFFIN

CHOCOLATE BROWNIE

FLAPJACK

JAM DOUGHNUTS