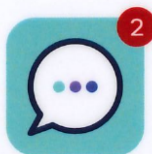




ChatHealth

Confidential Support and Health & Wellbeing Advice



From your school nurse

Text

07507 330 509



**Open 8.30am–4.30pm
Monday to Friday**

Excluding Public Holidays

For young people aged 11–18
in the Scottish Borders

