Berwickshire High School
Daily Bulletin Tuesday 3rd November 2026
NOTICES FOR STAFF, STUDENTS AND PARENTS

HOUSE CHALLENGE SCORES			
	Douglas	Home	Scott
PE Activity Champions	75	75	45
S1 & 2S1 Basketball	35	10	50
Running totals:	**110**	**85**	**95**

STAFF DETENTION ROTA		
Period 5a (12.30 - 12.50pm)	**Period 5b (1.20 - 1.40pm)**	**Afterschool (3.50 - 4.20pm)**
Mr Hudson	Mrs Kennedy	-

SENIOR PREFECTS - TUESDAY			
John Georgeson	Niamh Young	Evie Gregory	Oryn Colebrook
Isla Gourlay	Tess Crilly		

Fact of the week	The world's oldest dog lived to 29.5 years old. He was an Australian cattle dog called, 'Bluey'.
Quotation of the week	"Every artist was at first an amateur" Ralph W. Emerson
Word of the week	**Leviathan:** something large or formidable.
Study Tip of the week	Finding out what you don't know is important. When studying, keep track of what you're struggling with, and focus on that next time.

THE UN CONVENTION ON THE RIGHTS OF THE CHILD - 'RIGHT OF THE WEEK'

ARTICLE 32 (child labour)
Governments must protect children from economic exploitation and work that is dangerous or might harm their health, development or education. Governments must set a minimum age for children to work and ensure that work conditions are safe and appropriate.

GENERAL NOTICES

"INTO THE WOODS"
Our senior show takes place from Wednesday 18th to Saturday 21st November. Tickets are on sale NOW from the school office, Nairns in Duns, or the Music Department.
The tickets are incredibly cheap at only £6 for students (£10 for adults) and it would be great to have lots of BHS students in the audience to support the amazing cast.

STUDENT VOICE
There will be a Student Voice meeting in the Assembly Hall on Tuesday Period 4. All Student Voice representatives are to attend.

FLU VACCINATIONS – TUESDAY 10th NOVEMBER

The Immunisation Team will be in school on Tuesday 10th November for flu vaccinations. Please can students who have previously returned signed **consent forms**, or have them with them, attend with their classes at the time indicated. Please could students ensure they have had breakfast that morning. S6 students are welcome to drop in at any time if they are unavailable during their allocated time.

PERIOD	TIME	REG CLASS
Period 1	08:55 - 09:20	6D
	09.20 - 09.35	6H
	09.35 - 09.40	6S
Period 2	09:40 - 10:00	3D1
	10.00 - 10.15	3H1
	10:15 - 10:25	3S1
	10.25 - 10.35	3S2
Break	10:35 - 10:50	
Period 3	10:50 - 11:10	2D1
	11.10 - 11.20	2D2
	11:20 - 11:30	2H1
	11.30 - 11.35	2S1
Period 4	11:35 - 11.50	4H1
	11.50 - 12.00	4H2
	12.00 - 12.19	4D1
	12.19 - 12.25	4S1
Period 5a	12:25 - 13:15	NHS staff break
Period 5b	13:15 - 13:25	1D1
	13:25 - 13:40	1D2
	13:40 - 13:50	1H1
	13:50 - 14:05	1H2
Period 6	14.05 - 14:15	1S1
	14:15 - 14:25	5S
	14:25 - 14:35	5D
	14:35 - 14:55	5H

HOME EC SCHEDULE - WEEK BEGINNING MONDAY 2nd NOVEMBER

YEAR	COOKING	TUB
S1	Theory on Micronutrients	No
S2	Healthy Smoothies	No - Cups Given
S3	Jammy Treats Bonfire Special (Pastry)	Yes Yes
N5	French Apple Tart Italian Spaghetti and Meatballs	Yes Yes

SCOTTISH WOMEN & GIRLS IN SPORT WEEK (2ND-6TH NOVEMBER)

Next week, we'll be celebrating Scottish Women & Girls in Sport Week at BHS! 🎉
All before-school and lunchtime clubs (including the Fitness Suite) will be GIRLS ONLY throughout the week. After-school clubs will run as normal. Please see the timetable below to find out what's on each day:

Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th
Period 5A: Hockey with Miss Rayner (Astro)	**Period 5A:** Netball with Miss Dunn (Games Hall)	**Before School:** Basketball with Mr Chalmers (Games Hall) **Period 5A:** Circuits with Rebekah (Fitness Suite)	**Period 5A:** Football with Mr Chalmers (Astro)

CAREERS IN CLIMATE

Interested in a Greener future?
Use the QR code to explore the work of those focussed on mitigating climate change.
Mrs Dalton

CAREERS APPOINTMENTS

The following students are to report to the Careers Adviser's office in the Library at the date/time shown for a careers appointment.

Tuesday 3rd November	
Period	**Name**
1	Karly Cron
2	Erin Romaines
3	Luis Palmero-Inglesias
4	Ivy Gillie

Wednesday 4th November	
Period	**Name**
1	Frosia Boiko
2	Isaac Barrowman

LOWER SCHOOL	
ALL	**S1-3 GIRLS - ACTIVE GIRLS DAY (FRIDAY 6th NOVEMBER)** All S1-3 girls will take part in our Active Girls Day on Friday. You will be released from class at 10:10am for an early break before making your way to the Assembly Hall at 10:30am. You will then be out of class for the remainder of the school day as you take part in the various activities. You have been allocated a group for the day. These are displayed in the PE corridor, so please check your group before Friday. Keep an eye on Teams for further information and updates. We're looking forward to a fantastic week celebrating girls in sport! 💪🏃‍♀️🏒

UPPER SCHOOL	
ALL	**S4-S6 HOUSE EVENTS - FRIDAY 6th NOVEMBER** Senior House Events are back! 🎉 On **Friday 6th November during Period 2**, we are running a fun House Events session for S4–S6. The activities, chosen by your S4 House Captains, are: • 🏸 **Badminton** – Games Hall • 💪 **Tug of War** – Small Gym • 🎵 **Musical Chairs** – PE Classroom **S4 students:** You will choose one activity through your House Captains. Please make your choice by **Friday 30th October**. **S5 and S6 students:** You can choose to join in with the House Events instead of attending your normal Period 2 timetabled class. If you wish to take part, you **MUST register with your Period 2 teacher first** before making your way to your chosen activity. Simply turn up on the day – no advance sign-up is required. We are trying something different to bring our Houses together, have some fun and build House spirit. Get involved, support your House and help make the events a success! 🏆

S5	**STEM RESEARCH PLACEMENTS** Any S5 students interested in a 1- 2 week summer holiday placement in an area of Science, Social Subjects, Computing, Technology, Engineering or Maths? Scan the QR code or see Mrs Dalton for more information.
ALL	**SENIOR COURSEWORK: SCREEN TIME SURVEY** Please help a senior student with their coursework by scanning the QR code to complete a quick, anonymous survey on screen time and smartphone use. The data will be used strictly for statistical analysis. Thank you for your support!
ALL	**CHARITIES COMMITTEE** A massive thank you to everyone who came along to our Halloween Charity Ball and to everyone who helped make the night possible. A special thank you to the parents and guardians who volunteered their time to support us, we couldn't have done it without you! We are delighted to announce we raised £800 for charity, with £100 going to "Movember" and £700 to "Borders Pet Rescue". We are so proud of what we have achieved to support these two amazing causes. We are also pleased to say our damage deposit has been returned in full 😊 Thank you again to everyone involved and stay tuned for our next charity event.

TUESDAY - CANTEEN MENU

TOMATO SOUP

MAIN MEALS
ROAST BEEF, POTATOES & VEGETABLES

CHICKEN FAJITA STYLE RICE WITH CRUSTY BREAD & SALAD

QUORN SAUSAGE ROAST DINNER

BAKED POTATOES
CHOICE OF ANY COLD FILLING
BEANS

PIZZA
CHEESE

SANDWICHES/ROLLS (GLUTEN FREE CHOICES AVAILABLE)
CIABATTA ~ BAGUETTE
BAGEL ~ WRAP

COLD FILLINGS
CHICKEN MAYO
CORONATION CHICKEN
EGG MAYO
TUNA MAYO
CHEESE
ROAST CHICKEN
CHEESE SAVOURY
COLESLAW
-SALAD AVAILABLE AS FREE FILLING-

HOT FILLINGS
BBQ PULLED CHICKEN
PIRI PIRI QUORN

PASTA KING
BASILICO
SMOKY PEPPERONI
BOLOGNAISE

TRAYBAKES
GLUTEN/ DAIRY FREE CAKES AVAILABLE - SEE COUNTER FOR CHOICES
FRUIT SCONE
BLUEBERRY/ BANANA MUFFINS
PLAIN / CHOCOLATE MUFFIN
SHORTBREAD
DOUGHNUT
FLAPJACK

Heads Down - Upcoming Student Assessments (November)

Subject	Level	Teacher	Assessment	Date
Biology	N5	Mr Watson	Unit 2.5 - 2.7	Tuesday 3rd
Modern Studies	S2 - 2D2, 2S1	Mrs Hoggan-Nisbet, Dr Koita	Poverty - End of Unit	Wednesday 4th
Spanish	S3 - 3D1	Mrs Rowson	Reading & Writing Assessment - Going Out	Thursday 5th
Spanish	S3 - 3H1	Mr Robertson	Spanish Reading & Writing	Thursday 6th
Spanish	S3 - 3S2	Mr Robertson	Spanish Reading & Writing	Monday 9th

Geography	S3	Mr Meadows	Tundra and Rainforest	Wednesday 11th
Biology	N5	Mr Watson	Full Unit 2	Tuesday 17th
Geography	N5	Mr Meadows	AVU Exam	Thursday 26th