Berwickshire High School

Weekly Heads Up!

6th November 2026

Thank you for your support in relaying the mobile phone message at home. We can feel the difference already.

This week is Scottish Women and Girls in Sport Week! To celebrate at BHS, our S1-3 girls took part in an Active Girls Day today, enjoying a range of activities including yoga, dance, hockey, rugby, and circuits. Throughout the week, they have also had the opportunity to take part in girls-only extracurricular clubs, encouraging participation, building confidence and celebrating girls in sport!

Checkpoints have drawn to a close and students will be receiving feedback to help them progress.

Building on the information shared last week, please find later in the Heads Up, updated information on the learning logs available to you this week.

Mrs E Dickson, Headteacher



💜 Scottish Women and Girls in Sport Week 💜





We have had a fantastic week celebrating Scottish Women and Girls in Sport Week! Throughout the week, we have run a number of girls-only extracurricular clubs, which have been really well attended and have provided lots of opportunities for our girls to get involved, try new activities and enjoy being active.

We brought the week to a close today with our S1–3 Active Girls Day, where the girls had the opportunity to take part in a range of activities, including yoga, dance, circuits, hockey and rugby. It was fantastic to see so many girls getting involved, giving everything a go and supporting one another throughout the afternoon!



A huge thank you to some of our S5 and S6 girls who volunteered their time to help lead groups around the different stations. A special mention goes to Amelia and Robyn, who did a fantastic job leading the circuits.

We would also like to say a massive thank you to Rachel, Millie and Chloe from Berwick Rugby Club, who came along to share their own journeys in sport and inspire our girls. Millie and Chloe also did a brilliant job leading the rugby session. Thank you to Miss Rayner for leading the hockey, Alexa Millar for delivering the yoga and Katy from M-Pulsive for bringing the energy with dance!

It was a fantastic afternoon and a brilliant way to celebrate the achievements and opportunities of women and girls in sport. We hope the girls have come away feeling inspired, more confident and encouraged to step outside their comfort zones and give some new sports and activities a try!

Thank you to everyone who helped make the week such a success! 👏🏻







Extra-Curricular Sport



Hockey

Congratulations to our S1 and S2 hockey teams! Both teams competed against Earlston at home last Friday afternoon, securing two very well-deserved victories. All players demonstrated excellent teamwork, skill and determination throughout their matches.

A fantastic achievement for both teams. Well done to everyone involved! Miss Rayner





Home Economics Practical Lessons - Week beginning 9th November

This is what students will be making next week. Please could we ask your help in ensuring your child has the correct equipment.

Year	Making	Tub/Container
S1	Macaroni Cheese Demonstration	No
S2	Fruity Flapjacks	Yes
S3	Macaroni Cheese Sweet and Sour Sausages	Yes Yes
Seniors	French Apple Tart Italian Spaghetti and Meatballs	Yes Yes

HE UN CONVENTION ON THE RIGHTS OF THE CHILD – 'RIGHT OF THE WEEK'



ARTICLE 31 (leisure, play and culture)

Every child has the right to relax, play and take part in a wide range of cultural and artistic activities.

Movember



In the first week of our fundraiser we've already surpassed our updated target of £500! Our new target is £800 and we'd really appreciate it if you could all donate to help us reach it, the money would make such a difference to an excellent charity supporting men's mental health, prostate cancer, and testicular cancer. Here's a wee collage of our moustache-growing progress thus far!

You can click on the link here to make a donation:

https://movember.com/t/berwickshire-hs-movember-2026?mc=1

Parent Council

Next meeting of the Parent Council will take place on **Wednesday 10th December** at 6.00pm. All welcome to attend.

Learning Logs - Located in OneNote - Week Commencing 9th November 2026			
Subject	**Course**	**Teacher**	**Learning Log Details**
Business Management	S2 – 2P2	Mrs Hill	Understanding Business
Business Management	National 5	Mrs Hill	October checkpoint
Business Management	National 5	Mrs Brotherston	October checkpoint
Business Management	Higher	Mrs Brotherston	October checkpoint
Chemistry	S3 – 3E	Ms Addie	Rates and Formula Test
Chemistry	National 5	Ms Addie	October checkpoint
Chemistry	Higher	Ms Addie	October checkpoint
Computing	National 5	Mrs Darling	October checkpoint
Computing	Higher	Mrs Marchand	October checkpoint
English	S2	Mr Huffman	October Learning Update
Spanish	S2 – 2D1, 2D2, 2H1	Mrs Rowson	Speaking and Reading assessments
Spanish	National 5, Higher	Mrs Rowson	October checkpoint

Heads Down - Upcoming Student Assessments (November)				
Subject	**Level**	**Teacher**	**Assessment**	**Date**
Spanish	S3 – 3S2	Mr Robertson	Spanish Reading & Writing	Monday 9th
Geography	S3	Mr Meadows	Tundra and Rainforest	Wednesday 11th
Biology	National 5	Mr Watson	Full Unit 2	Tuesday 17th
Geography	National 5	Mr Meadows	AVU Exam	Thursday 26th

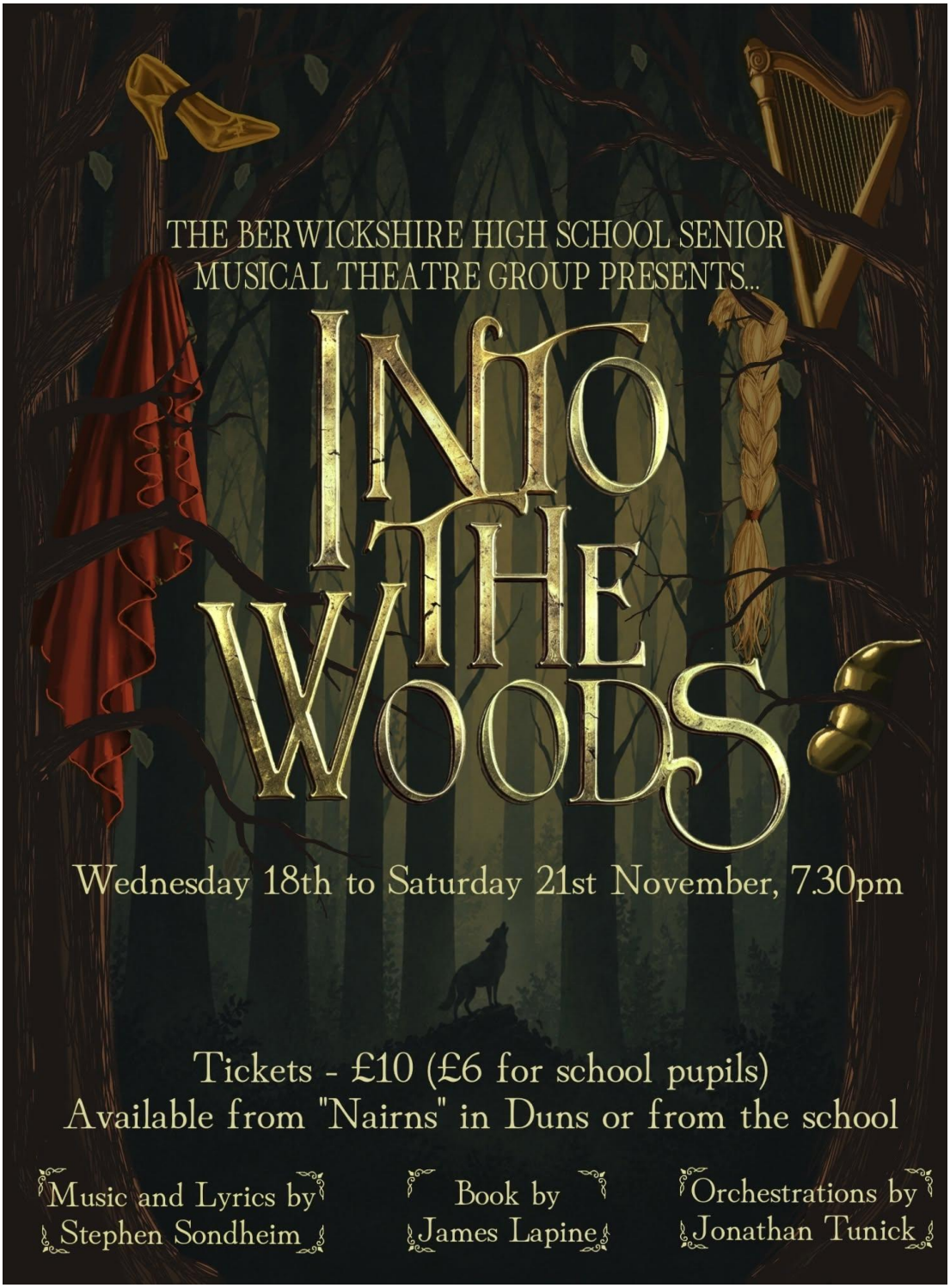
Senior Show - "Into The Woods"

Our senior students have been working hard on our production of "Into The Woods". Tickets are on sale now (£10 for adults / £6 for school students).

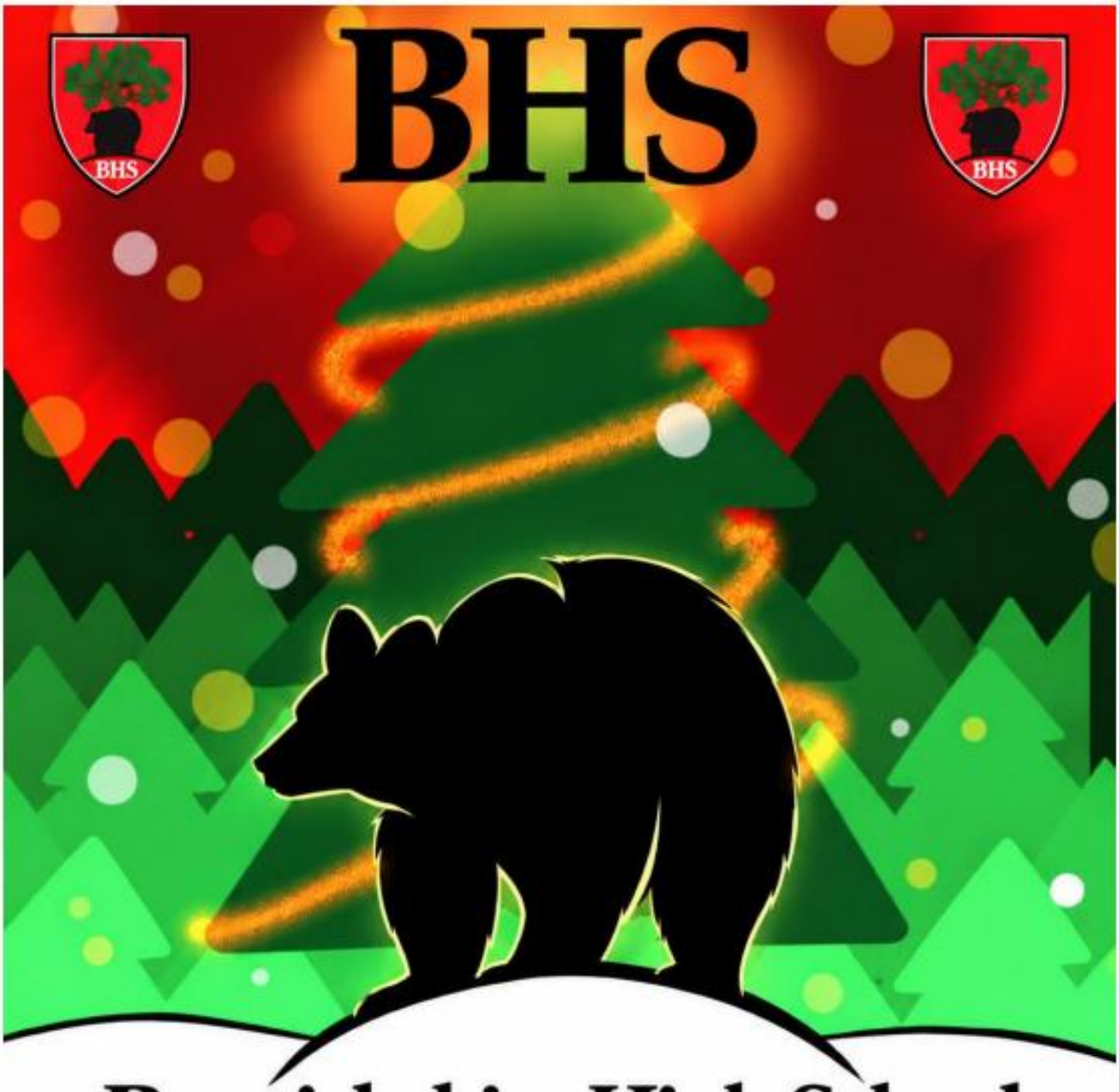
The musical is a wonderful story involving a host of fairytale characters - Cinderella, Jack, Little Red Riding Hood, Prince Charming, a wicked Witch...and many more!

It would be great to have a full house every night to support our cast so please come along if you can, and spread the word!

Shows take place Wednesday 18th to Saturday 21st November at 7.30pm.




BHS
DUNS
R.F.C.
AFTER SCHOOL
RUGBY SESSIONS
S1 and 2 Boys
S1,2 and 3 Girls
4-5 Tuesday
at BHS or Duns Rugby Club
meet at the PE changing rooms after school
GET INVOLVED!



Berwickshire High School Christmas Fair

Thursday 26 November 5pm-8pm

Stalls | Raffle | Tombola | Refreshments

Hosted by the BHS Retail Class.
If you would like a stall, please email gw19hillkaren@glow.sch.uk